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Dear parents/guardians and staff:

Salt Lake County Health Department has identified a case of COVID-19 within ██████████
██████████. After investigating the circumstances, we have determined that it is
necessary for you or your child to quarantine through ██████████.

During quarantine you should not leave home for ANY reason, except when advised by your health care provider to seek medical care in person. Do not go to work or any public place, including stores, malls, theatres, restaurants, or any other retail establishment. You should also not visit family or friends at their homes or have any visitors to your home.

Family members or other close contacts of the person under quarantine (the person involved in the activity or group listed above) are not under quarantine themselves but should monitor for symptoms and—like everyone in our community—practice regular, thorough hand washing. You should also wear a face covering and stay 6 feet away from others when you leave home and may encounter others.

If you or your child develops any of the following symptoms, contact your healthcare provider or find a COVID-19 testing site near you by visiting coronavirus.utah.gov. Remain isolated while waiting for your test results.

One or more of these symptoms:

- cough
- shortness of breath
- difficulty breathing
- fever of 100.4° F or higher
- chills
- new loss of taste or smell

Two or more of these symptoms:

- headache
- muscle pain
- sore throat
- congestion or runny nose
- nausea or vomiting
- diarrhea

If you have symptoms and choose to not be tested, you must isolate for 10 days from when symptoms began or 24 hours after symptoms end, whichever is longer.

COVID-19 is a highly contagious viral infection that causes a mild to severe respiratory illness. The virus that causes COVID-19 is thought to spread mainly from person to person through respiratory droplets produced when an infected person coughs, sneezes, or talks. These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs. Spread is more likely when people are within 6 feet of one another for 15 minutes or more. Wearing a mask or cloth face covering is known to help prevent transmission of COVID-19. For more information about COVID-19, visit [CDC.gov/coronavirus](https://www.cdc.gov/coronavirus).