






Multiple Category Scope and Sequence: Scope and Sequence Report For Course Standards and Objectives, Content, Skills, Vocabulary

Monday, August 18, 2014, 9:53PM



	Unit	Course Standards and Objectives	Content	Skills	Vocabulary
District General Adult Roles & Responsibilities (20.0107) (District)  2014-2015 Collaboration	Self Management  (Week 1, 2 Weeks) 	UT: CTE: Family and Consumer Sciences, UT: Grades 9-12, Adult Roles and Responsibilities SELF-MANAGEMENT STANDARD ARR 1.0 Students will participate in activities that help increase their self-awareness, values, goals and decision-making strategies. <ul style="list-style-type: none"> ▪ ARR 1.1 Explain how self-concept and self-esteem are built and preserved and how it relates to the perception of individual strengths and weaknesses. ▪ ARR 1.2 Identify personal values and explain how values impact interpersonal relationships. ▪ ARR 1.3 Classify short- and long-term goals and the steps needed to achieve them. ▪ ARR 1.4 Describe the decision-making process, including acceptance of personal responsibility for the consequences of the decision. 	1.1.1 Describe the positive and negative development of self-concept and self-esteem. 1.2.1 Define and discuss values and their function. 1.2.2 Discuss personal values. 1.2.3 Explain the effect of values on relationships. 1.3.1 Describe the goal setting process. 1.3.2 Compare short- and long-term goals. 1.3.3 Set short-term and long-term goal that are consistent with personal values. 1.4.1 Describe the decision-making process (identify problem, brainstorm possible solutions, explore and evaluate, make a decision and act on it, evaluate and accept responsibility for results).	<u>ARR #1 Performance Objective</u> Identify 4 personal values and explain how these values impact behavior and choices <u>ARR #2 Performance Objective</u> Set, implement and evaluate progress on one short-term goal that is necessary to complete the long-term goal	Self-Concept Self-Esteem Label Stereotype Value Moral Values Aesthetic Values Material Values Intrinsic Values Extrinsic Values Universal Values Group Specific Values Goal Short Term Goal Long Term Goal

Net Worth Statement

Budget

Income and Expense
Record Insurance Plan

Saving &
Investing Plan

Decision Making

Peer Pressure

Life Style

Scarcity

Need

Want

Opportunity Cost

Advertising

Sales Strategies

Impulse Buying

Delayed Payment

Communication



(Week 3, 4 Weeks)



UT: CTE: Family and Consumer Sciences, UT: Grades 9-12, Adult Roles and Responsibilities
COMMUNICATIONS STANDARD
ARR 2.0 Students will identify effective communication in interpersonal relationships.

- ARR 2.1 Identify various types of communication styles.

2.1.1 Define the levels of communication.
 2.1.2 Assess personal communication styles.
 2.1.3 Identify types of destructive communication (blaming, interrupting, endless fighting, character assassination, calling in reinforcements, and withdrawal)
 2.1.4 Identify types of constructive communication (I-messages, clarifying, timing, asking questions, reflective listening, respect,

ARR #3 Performance Objective
Demonstrate the ability to use two constructive communication skills.

Personal

Superficial

Validating

- ARR 2.2 Identify positive and negative nonverbal communication.
- ARR 2.3 Develop positive assertion skills to be used in conflict resolution.

consideration, avoiding anger)

2.1.5 Practice using I-messages.

2.1.6 Explain active/reflective listening skills.

2.1.7 Demonstrate the ability to use active listening skills.

2.2.1 Identify nonverbal behavior and messages (mild handshake, no eye contact, etc.)

2.2.2 Describe the different types of personal distance/space (public, social, personal, intimate)

2.2.3 Discuss the impact of nonverbal communication.

2.2.4 Practice nonverbal communication.

2.3.1 Identify positive and negative methods of conflict resolution.

2.3.2 Compare assertive, aggressive, and passive behavior.

Oriented

Touch-Oriented

Verbal-Oriented

Task-Oriented

Clarity

Reflective Listening

I-Messages

Timing

Asking Questions

Respect and Consideration

Blaming

Interrupting

Character Assassination

Withdrawal

Endless Fighting

Calling in Reinforcements

Need to be Right

Avoiding Intense Anger

Reflective Listening

Active Listening

**Nonverbal
Communication**

Body Language

Intimate Zone

Personal Zone

Social Zone

Public Zone

Passive

Aggressive

Assertive

**Win-Win Conflict
Resolution**

Dating  (Week 7,
4 Weeks) 

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DATING STANDARD
ARR 3.0 Students will list the functions and purposes of responsible dating.

- ARR 3.1 Identify and discuss the purposes of dating.
- ARR 3.2 List dating behaviors that support personal values and identify the personal responsibilities associated with dating. National Standards 13.2.5, 13.6.1, 13.6.2, 13.6.3
- ARR 3.3 Identify the dangers of physical intimacy during dating, harassment. National Standards 12.2.2, 12.2.4
- ARR 3.4 Define domestic violence, abuse, and various sexual violations including sexual

3.1.1 List the purposes of dating (socialization, recreation, and mate selection).
3.1.2 List personal qualities that will contribute to positive dating.
3.1.3 Identify the characteristics of infatuation and love.

3.2.1 Identify dating behaviors that support personal values.
3.2.2 List dating guidelines that protect teens.
3.2.3 Review types of refusal skills: saying “no”, establishing priorities, avoiding questionable situations, etc.

3.3.1 Describe and discuss responsible sexual behavior.
3.3.2 Describe the long-term benefits of abstinence and fidelity.
3.3.3 Describe the potential short-term and long-term consequences and impact of sexual irresponsibility.
3.3.4 Identify reasons teen pregnancy occurs and analyze teen’s preparedness to be parents.
3.3.5 Explain possible physical risks of teen pregnancy to the mother and infant.
3.3.6 Examine personal, emotional, education, financial, and societal problems that result from teen pregnancies.
3.3.7 List the common types of STIs and their symptoms by researching and reviewing current findings and statistics.
3.3.8 Assess the dangers, myths, consequences of STIs and HIV/AIDS.
3.3.9 Identify community resources and support groups available for assistance.

3.4.1 Identify physical/social/emotional forms of domestic abuse and violence.
3.4.2 Identify characteristics of abusers and victims within the violence cycle.
3.4.3 Explain the violence cycle by using examples to illustrate how the cycle promotes abuse.

ARR #4 Performance Objective Set personal rules/responsibilities related to dating behaviors that support personal values.

Perspective

Infatuation

Romantic Love

Sexual Love

Pragmatic Love

Platonic Love

Companionship Love

Altruistic Love

Manic Love

Unconditional Love

Cyber-dating

Self Love

Value

Responsibilities

Refusal Skills

3.4.4 Identify physical/social/emotional problems related to and resulting from rape, date rape, incest, abuse, etc.

3.4.5 Identify community resources and support groups available for assistance with sexual violations and abuse.

3.4.6 Define sexual harassment and how to deal with it.

3.4.7 Define rape and steps to follow if a rape occurs.

Abstinence

Abstain

Making Out

Petting

Intercourse

Dating

Going steady

Engagement

Oral Sex

Anal Sex

Digital-Anal Sex

Digital-Vaginal Sex

Teen Dating Violence

Physical Abuse

Sexual Abuse

Verbal/Emotional Abuse

Abuser

Target

Bystander

Violence Cycle

Tension Buildup

Explosion

Honeymoon Phase

Sexual Pressure

Sexual Exploitation

Sexual Assault

Rape

Statutory Rape

Stranger Rape

Acquaintance rape

Date Rape

Sexual Violence

Perpetrator

Survivor

Victim

Statutory Rape

Stranger Rape

Acquaintance rape

Date Rape

Roofies

Sexual Harassment

Unwelcome

Activity

Flirting

Adversely

Marriage  (Week
11, 3 Weeks) 

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MARRIAGE STANDARD
ARR 4.0 Students will identify the aspects and importance of marriage preparation and identify behaviors that strengthen marital and family relationships.

- ARR 4.1 Analyze the importance and process of mate selection.
- ARR 4.2 Identify the purposes of the

- 4.1.1 Analyze theories of mate selection.
- 4.1.2 Develop a personal list of characteristics, qualities and values desired in a marriage partner.
- 4.1.3 Discuss marital success factors based upon maturity level, a potential lifestyle, the strengths and weaknesses of relationships, and the acceptability of the strengths and weaknesses of a possible mate.
- 4.1.4 Define roles and identify topics to be discussed prior to marriage.
- 4.1.5 Describe your personal values and

ARR #5 Performance Objective
Develop a personal list of characteristics, qualities, and values desired in a marriage partner.

ARR #6 Performance Objective
Describe your personal values and beliefs of marriage.

Mate

Theory of Propinquity

Exchange Theory

Complimentary Needs Theory

Happy Collision

Filter Theory

- engagement period.
- ARR 4.3 Define marital roles and related issues. (household responsibilities, child care, etc.)
- ARR 4.4 Identify common adjustments and methods of conflict resolution as related to marriage.
- ARR 4.5 Identify positive characteristics and behaviors of strong marriage relationships.

beliefs of marriage.

- 4.2.1 Identify marital goals and objectives.
- 4.2.2 Discuss the purpose of the engagement period.
- 4.2.3 Identify signals of potential marriage problems.
- 4.2.4 Identify the purposes of the honeymoon.

- 4.3.1 Identify gender bias in marital roles.
- 4.3.2 Define and discuss the benefits of traditional and egalitarian marriages.

- 4.4.1 Identify common sources of marital adjustments and conflict (dual income, personal needs and expectations, sexual adjustments and in-laws).
- 4.4.2 Apply conflict resolution and problem-solving strategies to resolve common scenarios of marital conflict including financial issues.

- 4.5.1 Identify specific behaviors found in strong marriage relationships.
- 4.5.2 Develop a list of ways to personally build and strengthen a marriage.

Economic Matters

In-laws

Traditional Marriage

Egalitarian Marriage

Gender Bias

Feminism

Sex Role Stereotype

Finance  (Week 14, 2 Weeks) 

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FINANCE STANDARD
 ARR 5.0 Students will identify and utilize basic consumer, money management, and financial strategies.

- ARR 5.1 Identify marriage and family financial goals and developing budget strategies.
- ARR 5.2 Explain consumer issues related to credit, debt, and saving.

- 5.1.1 Define basic consumer terms.
- 5.1.2 Define budgeting terms and develop a realistic monthly family budget, based upon a set income, which includes: savings, housing, utilities, transportation, insurance, clothing, entertainment, and miscellaneous categories.
- 5.1.3 Identify marriage and family financial goals.
- 5.1.4 Identify positive and negative methods of managing money as a couple.
- 5.1.5 Discuss the impact of money management on the marriage relationship.

- 5.2.1 Identify and compare the types of credit and their costs.
- 5.2.2 Define credit ratings/over-indebtedness.
- 5.2.3 Calculate the cost of credit, over

ARR #7 Performance Objective
 Develop a realistic monthly budget, based upon a set income, to include: savings, housing, utilities, transportation, insurance, clothing, entertainment, and misc.

categories.

Consumer Product Safety Commission (CPSC)

Better Business Bureau (BBB)

Food And Drug Administration (FDA)

Federal Trade Commission (FTC)

Bureau Of Consumer Protection

Unfair Trade Practice

Implied Warranty Of

the life of the loan, for different types of purchases.
5.2.4 Identify ways to save and the reasons for saving.

Fitness

Supply

Consumer

Second

Warranty

Service

Producers

Monopoly

Needs

Impulse Buying

Name Brand

Store Brand

Generic Brand

Full Warranty

Limited Warranty

**Implied Warranty Of
Merchantability**

Comparison Shopping

Budget

Fixed expense

Flexible/Variable

expenses

Net Income

Gross Income

Goal

Short-Term Goal

Long-Term Goal

Net Worth Statement

Financial Goal

Budget

**Income and Expense
Record**

Insurance Plan

**Saving & Investing
Plan**

Interest

Collateral

Cosigner

Default

Bankruptcy

Family  (Week
16, 2 Weeks) 

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FAMILIES STANDARD
ARR 6.0 Students will identify ways to develop meaningful relationships in the family unit.

- ARR 6.1 List the positive characteristics that affect family relationships.
- ARR 6.2 Identify the effects of divorce and coping strategies.
- ARR 6.3 List the steps of the grieving process and how to develop a positive adjustment to loss.

6.1.1 Identify the qualities of strong families (commitment, appreciation, decision making, responsibility, problem solving, etc.)
6.1.2 Share and explain the value of family traditions.

6.1.3 Identify the family life cycles strengths and weaknesses of various family forms.

6.2.1 Identify factors leading to divorce.

6.2.2 List effects of divorce on family members (lower self-concepts, delinquency, fear, personal adjustments for each family member, etc.).

6.2.3 Identify coping methods for dealing with divorce (visitation, economic stability, community resources, support of friends and family, mediation, family therapy).

6.2.4 List legal aspects of divorce (alimony, child support, custody, division of assets).

6.3.1 Identify the stages of grief (denial, anger, bargaining, depression, and acceptance).

6.3.2 Identify the common physical reactions to grief (lack of appetite, numbness, inability to sleep, etc.)

6.3.3 Explain how the grieving process applies to many types of losses.

Garnishment

Credit

Annual Percentage Rate (APR)

Credit Rating (FICO)

Commitment

Time Together

Appreciation

Values and Spiritual Wellness

Communication

Decision Making And Responsibility

Problem Solving

POSSLQs

Divorced Adults

Single-Parent Families

Grandparents as Caregivers

Grown Children Moving Back with their Parents

Grandparents Living with Families

Blended Families

Working Mothers

Living Alone

Marrying Later in Life

**Couples Having
Children Later in Life**

**Couples with Fewer
Children**

**Couples with No
Children**

Abandonment

Alimony

Child Support

Custody

Economic Stability

Non-custodial

Promiscuous

Selfishness

Socio-Economic

Visitation

Parenting 
(Week 18, 2 Weeks)


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PARENTING STANDARD
ARR 7.0 Students will identify the various skills and responsibilities of parenting.

- ARR 7.1 Evaluate personal readiness for parenting roles and responsibilities.
- ARR 7.2 Explain the human reproductive process, infertility, pregnancy, and steps that

7.1.1 Identify the social, moral, emotional, physical, intellectual, and financial considerations of parenting.

7.2.1 Define terminology regarding the male and female reproductive systems.
7.2.2 Identify ways to prevent birth defects.

7.2.3 Describe the growth and changes that take place during the three trimesters of pregnancy.

7.2.4 Identify problems that are associated with pregnancy: toxemia, ectopic pregnancy, stillborn, spontaneous abortion, etc.

ARR Performance Objective #8
Apply positive guidance techniques to resolve three child-rearing problems.

Autopsy
Bereaved
Condolence
Coroner
Deceased
Eulogy
Living Will
Morgue
Mortuary
Mourning
Obituary
Wake
Will
Epitaph
Interment

Parenting

Cervix

Sperm

Clitoris

Testicles

- lead to a healthy lifestyle.
 - ARR 7.3 Explain the birth process and needs of a newborn.
 - ARR 7.4 Identify signs and types of child abuse and prevention strategies.
 - ARR 7.5 Identify parenting styles, including positive guidance techniques that help children develop positive self-concepts, self-management, and responsibility.
- 7.3.1 Define the terms associated with labor and delivery.
 - 7.3.2 Identify postpartum symptoms.
 - 7.3.3 Define nurturing/bonding and how it impacts a child.
 - 7.3.4 Identify ways to appropriately soothe and handle an infant.
 - 7.4.1 Identify the types and signs of child abuse.
 - 7.4.2 List strategies that help prevent child abuse.
 - 7.5.1 Identify parenting types and styles (authoritarian, permissive, democratic)
 - 7.5.2 List ways to foster a child's self-concept.
 - 7.5.3 Identify positive guidance techniques (natural/logical consequences)

Estrogen

Testosterone

Fertilization

Urethra

Menstruation

Vas Deferens

Menstrual cycle

Conception

Ova

Amniotic fluid

Ovaries

Ectopic or tubal pregnancy

Fallopian tubes

Embryo

Ovulation

Fetus

Progesterone

Genetic Defects

Urethra

Infertility

Uterus

Lanugo

Vagina

Placenta

Endometrium

Prenatal

Cowper's glands

Quickening

Ejaculation

**Spontaneous
abortion/miscarriage**

Epididymis

Stillborn

Penis

Umbilical Cord

Prostate gland

Vernix

Scrotum

Womb

Semen

Zygote

Seminal Vesicles

1st Stage of Labor

2nd Stage of Labor

3rd Stage of Labor

Dilation

Effacement

Episiotomy

Afterbirth

Postpartum

Nurturing

Bonding

Obstetrician

Pediatrician

Child abuse

Physical abuse

Emotional abuse

Sexual abuse

Neglect

Shaken-baby syndrome

Coping threshold

Authoritarian

Permissive

Democratic

Self-Esteem

Discipline

Guidance

Punishment

[Review and Testing](#)  (Week
20, 1 Week) 

