Course Information

Location: Cottonwood, GTI, Hunter, Kearns, Olympus, Skyline, Taylorsville
Transportation: School bus available to and from GTI
Offered to: 11-12 grades
Registration: GTI Application (Parent-signed)
Credits: 1.0 CTE or Elective
Period: Varies per school
Fees: Class fees required
College credit available (UVU and Weber State) at GTI

Course Description

This course is designed to teach students components of Exercise Science/Sports Medicine including: detailed anatomy, injury evaluation, management, & rehabilitation. Health careers associated with Exercise Science/Sports Medicine, such as physical therapy & athletic training, will be explored. Students learn the elements of first aid & experience first-hand the prevention, evaluation, & treatment of injuries.

Pathways

* Athletic Trainer
* Physical Therapy
* Occupational Therapy