



August 14, 1992

**ADMINISTRATIVE MEMORANDUM NUMBER NINETY-SEVEN**  
**LIMITING CONDITIONS FOR CHEERLEADING, ETC.**

The Granite School District liability insurance program will not cover bodily injury while participating in activities such as -but not limited to - cheerleading, pep club, drill teams, etc. unless the following limiting conditions are observed:

1. No one may stand on anyone who does not have at least one foot on the ground.
2. No pyramid or mount may be over two persons high.
3. At least one spotter in back will be provided for all pyramids and for any stunt higher than a shoulder stand (i.e. above-the-shoulder extensions, etc.).
4. No flipping over, under or through a pyramid will be allowed.
5. No flip dismounts to the floor off an elevated base, such as a prop or a standing, sitting or kneeling person will be allowed.
6. Free falling flips or swan dives from mounts, pyramids, or basket tosses will not be allowed.
7. No toe or thigh pitches will be allowed.
8. No basket toss jump dismounts directly to the floor will be allowed.
9. For all catches/catch dismounts, the catcher must have continual eye contact with the top person/flyer throughout the entire stunt. The top person must look before dismounting backwards to a cradle catch.
10. All basket toss sits or jumps must be caught by a three person catch (one on each side and one scooping head and shoulders).
11. All basket tossers must have both feet on the ground.
12. No mini tramps, springboards or any apparatus that increases the height of a stunt will be allowed.
13. All practice sessions will include front and back spotters.
14. Suitable mats or a grassy area will be used while stunts are being learned. Tumbling and partner stunts will not be performed on wet surfaces. Tumbling, partner stunts and pyramids will not be performed on concrete.
15. Knee drops, split drops and tension drops are not allowed.
16. Single-base split stunts are not allowed.
17. Toss or throw suspended splits are not allowed. Double-base suspended splits are permitted provided the person performing the splits is able to lower his/her own weight into the split position, or the bases provide support at least at thigh level.
18. Step-by-step procedures will be used to master all stunts.
19. All practices will be supervised by a qualified coach, advisor or teacher.
20. Class or team members will be informed that no unofficial or unsupervised practices are allowed and that failure to comply with this condition will result in removal from the class or team.

/s/

Loren G. Burton  
Superintendent