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Salt Lake County Aging & Adult Services

Parent to Parent

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ISSUE # 5

MARCH / APRIL



Bye, Bye Stress!

Nothing seems to go right when we are burdened by stress. Try a new stress therapy and have a healthier, happier day. Each therapy below has an explanation and a link to an idea to put that therapy into practise. Breathe. Relax. Enjoy.



[Aromatherapy](#)



[Eco Therapy](#)



[Animal Therapy](#)

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Upcoming Events!

Behavior Strategies for Teens

Guest Speakers: Marian Hunt, M.Ed and Rian Jensen, L.C.S.W.
The purpose of this workshop is to introduce families to the ways behavior can be addressed through the special education process or through Section 504 services. The workshop gives an overview of how to find the causes of behavior problems and how positive behavior interventions can help at home and in the school.

Thursday April 13, 2017 6:30PM-8:30PM
Granite Education Center, D-202
2500 S. State Street, South Salt Lake
Online Registration: <http://conta.cc/2d4ZHDZ>

Summer Fun Panel

Come learn about summer programs for children with disabilities. There will be a panel of programs to discuss what they offer during the summer months, and parents will also leave with a summer resource list. Workshop is appropriate for any school aged child as well as for students in post-secondary programs. Co-sponsored by Granite and Canyons Districts!

Wednesday, April 25, 2017 7:00-8:30 PM
Granite Education Center, D-102, 103 and 104
2500 S. State Street, South Salt Lake
Online Registration: <http://conta.cc/2cuM0uf>

Employment with Autism

This interactive workshop is for transition age adolescents and working-aged adults on the autism spectrum, their family members, and service providers interested in employment skills for people with autism

Date: **Tuesday, March 28**

Time: 3:00pm-6:00pm

Location: Weber Human Services
237 26th Street
Ogden, UT 84401

RSVP: Sue Olsen
by 12:00pm on
Tuesday March 28
435-797-7461



Introduction to Autism
Speaks Employment
ToolKit



Employment Websites:

- Spectrum Careers
- Do2Learn



Identify Local
Employers



Improve Self-Advocacy
Skills

Applications for the Medically Complex Children's Waiver will be accepted during an open application period May 1-31, 2017.

Purpose: This program provides medical assistance to children who are medically complex. This waiver serves the following population:

- Children ages 0-18
- Children who have 3 or more specialty physicians
- Children who have 3 or more organ systems involved in their disability
- Children who have a SSI Disability Designation through the SSA or a disability determination by the State Medical Review Board, this will be coordinated as part of the MCCW application process.

Children enrolled in the program will have access to Traditional Medicaid Services and Respite Services

Applications will be accepted online through the webpage, via fax or mail. The application process will require parents to answer some questions about their child's medical conditions and services. *In addition, parents will be required to provide a copy of the child's most recent history and physical by the Primary Care Provider. Please view the power point presentation available on the website to familiarize yourself with the application process prior to submitting the application.*

For more information see:
<http://health.utah.gov/ltc/mccw/>



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