

# Granite School District

## Base Menu Spreadsheet

### Portion Values - Detailed

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Oct 2, 2017 thru Nov 3, 2017

Afterschool Supper Program

Generated on: 9/27/2017 2:09:58 PM

	Portion Size	Reimb Qty	Carb (g)
<b>Mon - 10/02/2017</b>			
Afterschool Supper Program	Total	100	
ENCHILADA: CHICKEN	1 enchilada	100	33.7
ORANGE FRESH, 6-12	1 EACH	100	11.28
BEANS GREEN	1/2 CUP	100	4.93
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF PINT	60	20.34
MILK WHITE 1% LF, MEADOW GOLD	1 HALF PINT	40	13.0
Weighted Daily Average			67.31
% of Calories			53.8%
Nutrient Guideline			

<b>Tue - 10/03/2017</b>			
Afterschool Supper Program	Total	1	
SALISBURY STEAK/GRAVY 6-12	1 EACH	1	23.26
POTATO:MASHED,instant	1/2 CUP	1	13.6
ROLL, WW DINNER 1 oz - scratch	1 OZ	1	16.38
PEARS DICED CND, OREGON TRAIL	1/2 CUP	1	14.0
MILK WHITE 1% LF, MEADOW GOLD	1 HALF PINT	1	13.0
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF PINT	1	20.34
Weighted Daily Average			100.58
% of Calories			58.1%
Nutrient Guideline			

<b>Wed - 10/04/2017</b>			
Afterschool Supper Program	Total	100	
TACO BEEF SOFT:scratch Sec	1 EACH	100	15.82
BEANS REFRIED CND:m/ma - K-12	1/2 CUP	100	20.0
BANANAS:100-120ct	1 EACH	100	26.95
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF PINT	60	20.34
MILK WHITE 1% LF, MEADOW GOLD	1 HALF PINT	40	13.0
Weighted Daily Average			80.17
% of Calories			66.0%
Nutrient Guideline			

<b>Thu - 10/05/2017</b>			
Afterschool Supper Program	Total	100	
SAND HOT OPEN FACED TURKEY:K5	1 sandwich	100	19.77
ORANGE MANDARIN CND-Granite	1/2 CUP	80	20.0
BROCCOLI, FRESH	1/2 CUP	1	2.92
MILK WHITE 1% LF, MEADOW GOLD	1 HALF PINT	40	13.0
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF PINT	60	20.34
Weighted Daily Average			53.20
% of Calories			65.4%
Nutrient Guideline			

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Afterschool Supper Program

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	Portion Size	Reimb Qty	Carb (g)
Fri - 10/06/2017			
Afterschool Supper Program	Total	1	
BEEFY MACARONI	3/4 CUP	1	23.13
CORN, YELLOW WHOLE CKD FRZ	1/2 CUP	1	15.83
APPLE WHOLE:125-138ct	1 EACH	1	25.0
MILK WHITE 1% LF, MEADOW GOLD	1 HALF PINT	1	13.0
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF PINT	1	20.34
Weighted Daily Average			97.29
% of Calories			55.5%
Nutrient Guideline			

Mon - 10/09/2017			
Afterschool Supper Program	Total	1	
QUESADILLA CHICKEN & CHEESE	1 EACH	1	16.01
ORANGE MANDARIN CND-Granite	1/2 CUP	1	20.0
BEANS, BLACK CND DRND:veg	1/2 CUP	1	18.0
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF PINT	1	20.34
MILK WHITE 1% LF, MEADOW GOLD	1 HALF PINT	1	13.0
Weighted Daily Average			87.35
% of Calories			53.5%
Nutrient Guideline			

Tue - 10/10/2017			
Afterschool Supper Program	Total servings	1	47.45
CHICKEN,ASIAN ORNG:w/RICE K-12	1 EACH	1	25.0
APPLE WHOLE:125-138ct	1 EACH	1	2.92
BROCCOLI FRESH	1/2 CUP	1	13.0
MILK WHITE 1% LF, MEADOW GOLD	1 HALF PINT	1	20.34
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF PINT	1	108.71
Weighted Daily Average			58.2%
% of Calories			
Nutrient Guideline			

Wed - 10/11/2017			
Afterschool Supper Program	Total	100	
MEATLOAF W/ CHEESE DINNER	1 PIECE	100	8.0
POTATO:MASHED,instant	1/2 CUP	100	13.6
ROLL: SCRATCH K-12 1 OZ	1 OZ	1	16.02
PEACHES DICED CND IN JC, CLING	1/2 CUP	100	12.1
MILK WHITE 1% LF, MEADOW GOLD	1 HALF PINT	40	13.0
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF PINT	1	20.34
Weighted Daily Average			39.26
% of Calories			44.8%
Nutrient Guideline			

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Afterschool Supper Program

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	Portion Size	Reimb Qty	Carb (g)
Thu - 10/12/2017			
Afterschool Supper Program	Total	1	
PORK: HAM	2 oz	1	3.28
POTATOES: AUGRATIN	1/2 cup	1	19.86
ROLL: SCRATCH K-12 2 OZ	2 OZ	1	31.5
APPLE WHOLE:125-138ct	1 EACH	1	25.0
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF PINT	1	20.34
MILK WHITE 1% LF, MEADOW GOLD	1 HALF PINT	1	13.0
Weighted Daily Average			112.98
% of Calories			58.2%
Nutrient Guideline			

Fri - 10/13/2017			
Afterschool Supper Program	Total	1	
SOUP TOMATO BASIL	3/4 CUP	1	30.07
SAND GRILL GRILLED CHEESE:K12	1 sandwich	1	28.0
CELERY STICKS, 4"	6 EACH	1	2.0
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF PINT	1	20.34
MILK WHITE 1% LF, MEADOW GOLD	1 HALF PINT	1	13.0
Weighted Daily Average			93.41
% of Calories			51.9%
Nutrient Guideline			

Mon - 10/16/2017			
Afterschool Supper Program	Total	1	
SAND HOT:CHICKEN MALIBU 6-12	1 EACH	1	1.12
SALAD SIDE:GREENS - GRANITE	1 CUP	1	0.38
APPLESAUCE, CND UNSWT	1/2 CUP	1	15.0
CARROTS, BABY FRESH	1/2 CUP	1	6.93
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF PINT	1	20.34
MILK WHITE 1% LF, MEADOW GOLD	1 HALF PINT	1	13.0
Weighted Daily Average			56.77
% of Calories			58.7%
Nutrient Guideline			

Tue - 10/17/2017			
Afterschool Supper Program	Total	1	
WOF: Chx Teriyaki Bowl K-5	3/4 Cup	1	41.45
EDAMAME,FRZ, THAWED	1/2 CUP	1	9.89
APRICOTS, DICE CND PLD LT SYR	1/2 CUP	1	15.76
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF PINT	1	20.34
MILK WHITE 1% LF, MEADOW GOLD	1 HALF PINT	1	13.0
Weighted Daily Average			100.44
% of Calories			57.0%
Nutrient Guideline			

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Afterschool Supper Program

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	Portion Size	Reimb Qty	Carb (g)
Wed - 10/18/2017			
Afterschool Supper Program	Total	1	
CHICKEN: HAWAIIAN HAYSTACK	1 each	1	43.34
SALAD SIDE:GREENS - GRANITE	1 CUP	1	0.38
APPLE WHOLE:125-138ct	1 EACH	1	25.0
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF PINT	1	20.34
MILK WHITE 1% LF, MEADOW GOLD	1 HALF PINT	1	13.0
Weighted Daily Average			102.07
% of Calories			63.2%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Thu - 10/19/2017			
Afterschool Supper Program	Total	1	
CHILI w/BEEF & BEANS 6-12	1/2 CUP	1	18.56
ROLL, WW DINNER 1 oz - scratch	1 OZ	1	16.38
CARROTS BABY FRESH	1/2 cup	1	5.78
APPLE WHOLE:125-138ct	1 EACH	1	25.0
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF PINT	1	20.34
MILK WHITE 1% LF, MEADOW GOLD	1 HALF PINT	1	13.0
Weighted Daily Average			99.05
% of Calories			58.9%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Fri - 10/20/2017			
Afterschool Supper Program	Total	1	
COUNTRY FRIED STEAK 6-12	1 EACH	1	16.0
POTATO:MASHED, instant	1/2 CUP	1	13.6
GRAVY, BROWN LEGOUT ACAD	OUNCE	1	1.96
BEANS GREEN	1/2 CUP	1	4.93
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF PINT	1	20.34
MILK WHITE 1% LF, MEADOW GOLD	1 HALF PINT	1	13.0
Weighted Daily Average			69.83
% of Calories			44.5%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Mon - 10/23/2017			
Afterschool Supper Program	Total	1	
CASSEROLE SHEPHERD'S PIE:K12	1/24 portion	1	37.92
ROLL: SCRATCH K-12 1 OZ	1 OZ	1	16.02
PEACHES DICED CND	1/2 CUP	1	11.99
BROCCOLI, FRESH	1/2 CUP	1	2.92
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF PINT	1	20.34
MILK WHITE 1% LF, MEADOW GOLD	1 HALF PINT	1	13.0
Weighted Daily Average			102.19
% of Calories			56.3%
Nutrient Guideline			

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Afterschool Supper Program

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	Portion Size	Reimb Qty	Carb (g)
<b>Tue - 10/24/2017</b>			
Afterschool Supper Program	Total	1	
NACHOS BEEF & CHEESE:K12	1 nacho	1	38.75
FRUIT MIX, DRIED COMM #110161	1/4 CUP	1	23.0
CELERY STICKS, 4"	6 EACH	1	2.0
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF PINT	1	20.34
MILK WHITE 1% LF, MEADOW GOLD	1 HALF PINT	1	13.0
Weighted Daily Average			97.09
% of Calories			49.5%
Nutrient Guideline			

<b>Wed - 10/25/2017</b>			
Afterschool Supper Program	Total	1	
CHICKEN, FAJITA 9-12	1 EACH	1	27.77
BEANS, BLACK CND DRND:veg	1/2 CUP	1	18.0
ORANGE WHOLE:138ct	1 EACH	1	15.66
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF PINT	1	20.34
MILK WHITE 1% LF, MEADOW GOLD	1 HALF PINT	1	13.0
Weighted Daily Average			94.76
% of Calories			58.8%
Nutrient Guideline			

<b>Thu - 10/26/2017</b>			
Afterschool Supper Program	Total	1	
CHICKEN PARMESAN 6-12	1 EACH	1	50.59
PASTA: SPAGHETTI WW Dinner	1/2 CUP	1	15.65
SALAD MIX	1/2 CUP	1	0.29
CARROTS, BABY FRESH	1/2 CUP	1	6.93
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF PINT	1	20.34
MILK WHITE 1% LF, MEADOW GOLD	1 HALF PINT	1	13.0
Weighted Daily Average			106.81
% of Calories			51.6%
Nutrient Guideline			

<b>Fri - 10/27/2017</b>			
Afterschool Supper Program	Total	1	
SAND HOT: SLOPPY JOE 6-12	1 EACH	1	46.14
CHIPS, SUNCHIP:HRVST CHED 1oz	1 OZ	1	18.0
CAULIFLOWER FRESH	1/2 CUP	1	2.49
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF PINT	1	20.34
MILK WHITE 1% LF, MEADOW GOLD	1 HALF PINT	1	13.0
Weighted Daily Average			99.97
% of Calories			50.5%
Nutrient Guideline			

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Oct 2, 2017 thru Nov 3, 2017

Afterschool Supper Program

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	Portion Size	Reimb Qty	Carb (g)
<b>Mon - 10/30/2017</b>			
Afterschool Supper Program	Total	100	
SAND: CHICKEN PULLED BBQ 7-12	1 sandwich	100	1.66
POTATO FRENCH FRIES	1/2 cup	1	13.97
PINEAPPLE TIDBITS CND IN JUICE	1/2 CUP	100	12.43
MILK WHITE 1% LF, MEADOW GOLD	1 HALF PINT	40	13.0
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF PINT	60	20.34
Weighted Daily Average			31.63
% of Calories			48.2%
Nutrient Guideline			

<b>Tue - 10/31/2017</b>			
Afterschool Supper Program	Total	100	
CHICKEN, FAJITA 6-8	1 EACH	100	8.77
BEANS, BLACK CND DRND:veg	1/2 CUP	80	18.0
ORANGE FRESH, 6-12	1 EACH	100	11.28
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF PINT	60	20.34
MILK WHITE 1% LF, MEADOW GOLD	1 HALF PINT	40	13.0
SALSA,CND LOW SODIUM COMM A237	1/8 CUP	50	2.2
Weighted Daily Average			52.96
% of Calories			56.0%
Nutrient Guideline			

<b>Wed - 11/01/2017</b>			
Afterschool Supper Program	Total	100	
SAND HOT:BEEF, FRENCH DIP 6-12	1 EACH	100	32.0
PEARS DICED CND, OREGON TRAIL	1/2 CUP	100	14.0
BEANS, GREEN CND COMM A061	1/2 CUP	1	0.1
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF PINT	60	20.34
MILK WHITE 1% LF, MEADOW GOLD	1 HALF PINT	40	13.0
Weighted Daily Average			63.40
% of Calories			60.3%
Nutrient Guideline			

<b>Thu - 11/02/2017</b>			
Afterschool Supper Program	Total	100	
MAC & CHEESE:scratch 9-12 half	1/2 CUP	1	24.26
CHICKEN: WG NUGGETS K-12	5 EACH	100	16.28
APPLE WHOLE:125-138ct	1 EACH	100	25.0
CARROTS, BABY FRESH	1/2 CUP	100	6.93
MILK WHITE 1% LF, MEADOW GOLD	1 HALF PINT	40	13.0
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF PINT	60	20.34
Weighted Daily Average			65.86
% of Calories			51.4%
Nutrient Guideline			

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Afterschool Supper Program

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	Portion Size	Reimb Qty	Carb (g)
Fri - 11/03/2017			
Afterschool Supper Program	Total	1	
TURKEY & GRAVY- K-5	2 oz (cooked)	1	8.25
POTATO:MASHED, instant	1/2 CUP	1	13.6
ROLL, WW DINNER 1 oz - scratch	1 OZ	1	16.38
BROCCOLI, FRESH	1/2 CUP	1	2.92
MILK WHITE 1% LF, MEADOW GOLD	1 HALF PINT	1	13.0
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF PINT	1	20.34
Weighted Daily Average			74.49
% of Calories			53.1%
Nutrient Guideline			

Weighted Average			82.30
			55.2%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	82.30	55.24%						

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