

## December 2018 Jr. High Lunch Nutrition Station Menu

BBQ Baked Beans Cucumbers Tater Tots SaladBlend Onions Tomatoes Jalapenos Fresh Apples Sliced Pears Fresh Grapes Pineapple Chunks	Baby Carrots Tater Tots SaladBlend Onions Tomatoes Pickles Fresh Bananas Mandarin Oranges Jicama Sticks Strawberries	Marinara Sauce Tater Tots Salad Blend GreenBeans Onions Tomatoes Jalapenos Fresh Pears Sliced Peaches Apricots Tropical Fruit Mix	Baby Carrots Broccoli Tater Tots SaladBlend Edamame Onions Tomatoes Pickles Fresh Oranges Applesauce Mix Fruit Cantaloupe	GreenBeans Tater Tots SaladBlend Onions Tomatoes Jalapenos Fresh Grapes Pineapple Chunks Applesauce Strawberries
Week 1      3	4	5	6	7
Cucumbers Tater Tots SaladBlend Onions Tomatoes Jalapenos Fresh Apples Sliced Pears Fresh Grapes Pineapple Chunks	Baby Carrots Black Beans Tater Tots SaladBlend Onions Corn Tomatoes Pickles Fresh Bananas Mandarin Oranges Jicama Sticks Strawberries	Marinara Sauce Tater Tots SaladBlend Sweet Potato Fries Onions Tomatoes Jalapenos Fresh Pears Sliced Peaches Apricots Tropical Fruit Mix	Baby Carrots Tater Tots SaladBlend Zucchini Onions Tomatoes Pickles Fresh Oranges Applesauce Mix Fruit Cantaloupe	Broccoli Tater Tots SaladBlend Zucchini Onions Tomatoes Jalapenos Fresh Grapes Pineapple Chunks Applesauce Strawberries
Week 2      10	11	12	13	14
Diced Tomatoes Diced Onions Cucumbers Tater Tots SaladBlend Onions Tomatoes Jalapenos Fresh Apples Sliced Pears Fresh Grapes Pineapple Chunks	Baby Carrots RefriedBeans Tater Tots SaladBlend Peppers Onions Tomatoes Pickles Fresh Bananas Mandarin Oranges Jicama Sticks Strawberries	Marinara Sauce Tater Tots SaladBlend Onions Tomatoes Jalapenos Fresh Pears Sliced Peaches Apricots Tropical Fruit Mix	Baby Carrots Broccoli Tater Tots SaladBlend Onions Tomatoes Pickles Fresh Oranges Applesauce Mix Fruit Cantaloupe	Tater Tots Salad Blend GreenBeans Onions Tomatoes Jalapenos Fresh Grapes Pineapple Chunks Applesauce Strawberries
Week 3      17	18	19	20	21
Winter Recess	Winter Recess	Winter Recess	Winter Recess	Winter Recess
24	25	26	27	28
Winter Recess	Winter Recess	January	January	January
31				