

Granite School District - Dinner

Dec 01 thru Dec 21, 2018

Date : 12/03/2018

Name	Serving Size	Carb (g)
USDA BREADED CHICKEN DRUMSTICK	1.00 Each (1 piece)	5.000
POTATOES: AUGRATIN	1.00 Serving (1/2 cup - #8 scoop)	10.277
CENTRAL KITCHEN: ROLL, SCRATCH	1.00 Serving (1 roll)	26.865
USDA GREEN BEANS	1.00 Serving (1/2 Cup - # 8 scoop)	4.000
USDA APPLESAUCE	1.00 Serving (1/2 Cup - #8 scoop)	16.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date : 12/04/2018

Name	Serving Size	Carb (g)
SAND HOT: BEEF FRENCH DIP & AUJU	1.00 Each (1 sandwich)	24.713
POTATO: SWEET FRIES	1.00 Serving (1/2 cup)	22.275
USDA PEACHES, SLICED	1.00 Serving (1/2 Cup)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date : 12/05/2018

Name	Serving Size	Carb (g)
BAKED ZITI 6-12	1.00 Serving (2 #6 scoops)	47.425
PRODUCE, LETTUCE, SALAD MIX	1.00 Cup (shredded)	1.033
PRODUCE, APPLES, GRANNY SMITH OR GOLDEN DELICIOUS	1.00 Each (1 apple)	20.577
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date : 12/06/2018

Name	Serving Size	Carb (g)
CENTRAL KITCHEN: MAC & CHEESE, SCRATCH	1.00 Serving (3/4 cup - #5 scoop)	36.204
PRODUCE, LETTUCE, SALAD MIX	1.00 Cup (shredded)	1.033
USDA MIXED FRUIT	1.00 Serving (1/2 cup)	15.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date : 12/07/2018

Name	Serving Size	Carb (g)
BOWL: ASIAN ORNG CHICKEN & RICE K-5	1.00 Serving (1 Bowl)	76.018
PRODUCE, BROCCOLI BUDS	1.00 Serving (1/2 Cup - #8 scoop)	3.021
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date : 12/10/2018

Name	Serving Size	Carb (g)
BOWL: SALISBURY STEAK & GRAVY K-12	1.00 Serving (1 Bowl)	16.371
CENTRAL KITCHEN: BREADSTICK, SCRATCH	1.00 Serving (1 Breadstick)	34.918
USDA GREEN BEANS	1.00 Serving (1/2 Cup - # 8 scoop)	4.000
USDA APPLESAUCE	1.00 Serving (1/2 Cup - #8 scoop)	16.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date : 12/11/2018

Name	Serving Size	Carb (g)
SAND HOT: OPEN FACE TURKEY	1.00 Serving	49.013
POTATO: SWEET FRIES	1.00 Serving (1/2 cup)	22.275
USDA PEACHES, SLICED	1.00 Serving (1/2 Cup)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1 % LOWFAT	1.00 Each (8 fl oz)	13.000

Date : 12/12/2018

Name	Serving Size	Carb (g)
DINNER: PASTA: LASAGNA ROLLUP	1.00 Serving (Rollup + Sauce)	44.275
PRODUCE, LETTUCE, SALAD MIX	1.00 Cup (shredded)	1.033
PRODUCE, APPLES, GRANNY SMITH OR GOLDEN DELICIOUS	1.00 Each (1 apple)	20.577
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1 % LOWFAT	1.00 Each (8 fl oz)	13.000

Date : 12/13/2018

Name	Serving Size	Carb (g)
DINNER: CHICKEN HAWAIIAN HAYSTACK	1.00 Serving	4.377
PRODUCE, CARROTS, MINI, SLIM	1.00 Serving (1/2 cup - #8 scoop)	6.588
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1 % LOWFAT	1.00 Each (8 fl oz)	13.000

Date : 12/14/2018

Name	Serving Size	Carb (g)
CHICKEN FAJITA 6-12	1.00 Each (1 tortilla + filling)	33.601
PRODUCE, ORANGES	1.00 Serving (1 orange)	24.645
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1 % LOWFAT	1.00 Each (8 fl oz)	13.000

Date : 12/17/2018

Name	Serving Size	Carb (g)
BOWL: COUNTRY FRIED STEAK K-12	1.00 Serving (1 Bowl)	30.371
CENTRAL KITCHEN: ROLL, SCRATCH	1.00 Serving (1 roll)	26.865
USDA GREEN BEANS	1.00 Serving (1/2 Cup - # 8 scoop)	4.000
USDA APPLESAUCE	1.00 Serving (1/2 Cup - #8 scoop)	16.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1 % LOWFAT	1.00 Each (8 fl oz)	13.000

Date : 12/18/2018

Name	Serving Size	Carb (g)
RAVIOLI, CHEESY K-8	1.00 Serving (8 ravioli + #8 scoop sauce)	52.226
USDA PEACHES, SLICED	1.00 Serving (1/2 Cup)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1 % LOWFAT	1.00 Each (8 fl oz)	13.000

Date : 12/19/2018

Name	Serving Size	Carb (g)
SAND HOT: PIZZA SUB	1.00 Serving (sandwich)	5.000
PRODUCE, LETTUCE, SALAD MIX	1.00 Cup (shredded)	1.033
PRODUCE, APPLES, RED, GALA R FUJI, US EX FANCY OR	1.00 Serving (one apple)	25.134
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1 % LOWFAT	1.00 Each (8 fl oz)	13.000

Date : 12/20/2018

Name	Serving Size	Carb (g)
PASTA: CHICKEN PARMESAN	1.00 Serving	55.982
USDA MIXED FRUIT	1.00 Serving (1/2 cup)	15.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1 % LOWFAT	1.00 Each (8 fl oz)	13.000

Date : 12/21/2018

Name	Serving Size	Carb (g)
BOWL: CHICKEN TERIYAKI & RICE K-5	1.00 Serving (1 bowl)	93.209
PRODUCE, BROCCOLI BUDS	1.00 Serving (1/4 Cup - #16 scoop)	1.511
MANDARIN ORANGES	1.00 Serving (1/2 cup drained)	17.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1 % LOWFAT	1.00 Each (8 fl oz)	13.000