

Granite School District - Elementary Lunch

Dec 01 thru Dec 21, 2018

Date : 12/03/2018

Name	Serving Size	Carb (g)
CHICKEN CORN DOG K-12	1.00 Each	30.000
SAND HOT: BBQ RIBLET K-5	1.00 Serving (1 Sandwich)	34.000
CHIPS, TORTILLA, ROUND, WG	1.00 Serving (13 chips)	20.000
SANDWICHES, PEANUT BUTTER/JELLY (GRAPE)	1.00 Each (2.8 oz)	35.000
USDA STRING CHEESE	1.00 Each (1 oz)	.000
CENTRAL KITCHEN : BEANS: BBQ BAKED	1.00 Serving (3/4 Cup - #5 Scoop)	43.886
PRODUCE, CUCUMBERS, 72-84 CT/CASE	1.00 Serving (1/2 cup - #8 scoop)	1.888
PRODUCE, LETTUCE, SALAD MIX	1.00 Cup (shredded)	1.033
PRODUCE, APPLES, RED, GALA R FUJI, US EX FANCY OR	1.00 Serving (one apple)	25.134
USDA PEARS, DICED	1.00 Serving (1/2 cup)	14.000
PRODUCE, GRAPES, SEEDLESS, RED OR WHITE	1.00 Serving (1/2 cup - #8 scoop)	7.889
PINEAPPLE TIDBITS	1.00 Serving (1/2 cup - # 8 scoop)	22.000
DRESSING, ITALIAN, LO-CAL	1.00 Tablespoon	1.355
HEINZ, KETCHUP, POUCH	1.00 Serving (1 tbsp)	5.000
KEN'S, DRESSING, CA FRENCH FF	1.00 Serving	4.500
LIGHT RANCH DRESSING, POUCH PACK	1.00 Serving (2 tbsp)	7.000
MUSTARD POUCHES	1.00 Serving (1 tsp)	.000
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date : 12/04/2018

Name	Serving Size	Carb (g)
SAND HOT: CHICKEN SANDWICH K-8	1.00 Each (1 sandwich)	37.757
SALAD ENT: TACO, BEEF K-8	1.00 Serving (1 Salad)	10.151
CHIPS, TORTILLA, ROUND, WG	1.00 Serving (13 chips)	20.000
SANDWICHES, PEANUT BUTTER/JELLY (GRAPE)	1.00 Each (2.8 oz)	35.000
USDA STRING CHEESE	1.00 Each (1 oz)	.000
PRODUCE, CARROTS, MINI, SLIM	1.00 Serving (1/2 cup - #8 scoop)	6.588
PRODUCE, LETTUCE, SALAD MIX	1.00 Cup (shredded)	1.033
PRODUCE, BANANAS	1.00 Each (1/2 Cup)	26.951
MANDARIN ORANGES	1.00 Serving (1/2 cup drained)	17.000
PRODUCE, JICAMA STICKS	1.00 Serving (1/2 cup - #8 scoop)	5.292
PRODUCE, STRAWBERRIES	1.00 Serving (1/2 cup - #8 scoop)	5.530
DRESSING, ITALIAN, LO-CAL	1.00 Tablespoon	1.355
HEINZ, KETCHUP, POUCH	1.00 Serving (1 tbsp)	5.000
KEN'S, DRESSING, CA FRENCH FF	1.00 Serving	4.500
LIGHT RANCH DRESSING, POUCH PACK	1.00 Serving (2 tbsp)	7.000
MUSTARD POUCHES	1.00 Serving (1 tsp)	.000
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date : 12/05/2018

Name	Serving Size	Carb (g)
CHEESE PIZZA RIPPERS	1.00 Each (1 square)	32.000
PEPPERONI PIZZA RIPPERS	1.00 Each (1 square)	27.000
CHIPS, TORTILLA, ROUND, WG	1.00 Serving (13 chips)	20.000
SANDWICHES, PEANUT BUTTER/JELLY (GRAPE)	1.00 Each (2.8 oz)	35.000
USDA STRING CHEESE	1.00 Each (1 oz)	.000
CENTRAL KITCHEN: SAUCE, MARINARA, SCRATCH K-12	1.00 Serving (1/2 cup - #8 scoop)	14.275
PRODUCE, LETTUCE, SALAD MIX	1.00 Cup (shredded)	1.033
PRODUCE, PEARS FRESH	1.00 Serving (1 medium pear)	23.456
USDA PEACHES, SLICED	1.00 Serving (1/2 Cup)	14.000
USDA APRICOTS, DICED	1.00 Serving (1/2 Cup - # 8 scoop)	14.000
TROPICAL FRUIT SALAD	1.00 Serving (1/2 Cup)	24.000
DRESSING, ITALIAN, LO-CAL	1.00 Tablespoon	1.355
HEINZ, KETCHUP, POUCH	1.00 Serving (1 tbspc)	5.000
KEN'S, DRESSING, CA FRENCH FF	1.00 Serving	4.500
LIGHT RANCH DRESSING, POUCH PACK	1.00 Serving (2 tbspc)	7.000
MUSTARD POUCHES	1.00 Serving (1 tsp)	.000
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date : 12/06/2018

Name	Serving Size	Carb (g)
BOWL: ASIAN ORNG CHICKEN & RICE K-5	1.00 Serving (1 Bowl)	76.018
SAND HOT: HOT DOG K-8	1.00 Serving (1 Hot Dog)	23.000
CHIPS, TORTILLA, ROUND, WG	1.00 Serving (13 chips)	20.000
SANDWICHES, PEANUT BUTTER/JELLY (GRAPE)	1.00 Each (2.8 oz)	35.000
USDA STRING CHEESE	1.00 Each (1 oz)	.000
PRODUCE, BROCCOLI BUDS	1.00 Serving (1/2 Cup - #8 scoop)	3.021
PRODUCE, CARROTS, MINI, SLIM	1.00 Serving (1/2 cup - #8 scoop)	6.588
POTATO, TATER GEMS, SIMPLOT	1.00 Serving (8 tots)	19.000
PRODUCE, LETTUCE, SALAD MIX	1.00 Cup (shredded)	1.033
PRODUCE, ORANGES	1.00 Serving (1 orange)	24.645
USDA APPLESAUCE	1.00 Serving (1/2 Cup - #8 scoop)	16.000
USDA MIXED FRUIT	1.00 Serving (1/2 cup)	15.000
PRODUCE, CANTALOUPE, CUBED	1.00 Serving (1/2 cup - #8 scoop)	6.528
DRESSING, ITALIAN, LO-CAL	1.00 Tablespoon	1.355
HEINZ, KETCHUP, POUCH	1.00 Serving (1 tbspc)	5.000
KEN'S, DRESSING, CA FRENCH FF	1.00 Serving	4.500
LIGHT RANCH DRESSING, POUCH PACK	1.00 Serving (2 tbspc)	7.000
MUSTARD POUCHES	1.00 Serving (1 tsp)	.000
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date : 12/07/2018

Name	Serving Size	Carb (g)
PIZZA: CHEESE BIG DADDY	1.00 Slice (1/10th - elementary)	30.481
PIZZA: PEPPERONI BIG DADDY	1.00 Slice (1/10th - elementary)	34.400
CENTRAL KITCHEN: MAC & CHEESE, SCRATCH	1.00 Serving (3/4 cup - #5 scoop)	36.204
CHIPS, TORTILLA, ROUND, WG	1.00 Serving (13 chips)	20.000
SANDWICHES, PEANUT BUTTER/JELLY (GRAPE)	1.00 Each (2.8 oz)	35.000
USDA STRING CHEESE	1.00 Each (1 oz)	.000
USDA GREEN BEANS	1.00 Serving (1/2 Cup - # 8 scoop)	4.000
PRODUCE, LETTUCE, SALAD MIX	1.00 Cup (shredded)	1.033
PRODUCE, GRAPES, SEEDLESS, RED OR WHITE	1.00 Serving (1/2 cup - #8 scoop)	7.889
PINEAPPLE TIDBITS	1.00 Serving (1/2 cup - # 8 scoop)	22.000
USDA APPLESAUCE	1.00 Serving (1/2 Cup - #8 scoop)	16.000
PRODUCE, STRAWBERRIES	1.00 Serving (1/2 cup - #8 scoop)	5.530
DRESSING, ITALIAN, LO-CAL	1.00 Tablespoon	1.355
HEINZ, KETCHUP, POUCH	1.00 Serving (1 tbsp)	5.000
KEN'S, DRESSING, CA FRENCH FF	1.00 Serving	4.500
LIGHT RANCH DRESSING, POUCH PACK	1.00 Serving (2 tbsp)	7.000
MUSTARD POUCHES	1.00 Serving (1 tsp)	.000
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date : 12/10/2018

Name	Serving Size	Carb (g)
CENTRAL KITCHEN: ROLL, SCRATCH	1.00 Serving (1 roll)	26.865
CHICKEN NUGGETS K-12	1.00 Serving (5 nuggets)	15.996
SAND HOT: COUNTRY FRIED STEAK SANDWICH K-8	1.00 Each (1 sandwich)	38.133
CHIPS, TORTILLA, ROUND, WG	1.00 Serving (13 chips)	20.000
SANDWICHES, PEANUT BUTTER/JELLY (GRAPE)	1.00 Each (2.8 oz)	35.000
USDA STRING CHEESE	1.00 Each (1 oz)	.000
PRODUCE, CUCUMBERS, 72-84 CT/CASE	1.00 Serving (1/2 cup - #8 scoop)	1.888
PRODUCE, LETTUCE, SALAD MIX	1.00 Cup (shredded)	1.033
PRODUCE, APPLES, RED, GALA R FUJI, US EX FANCY OR	1.00 Serving (one apple)	25.134
PRODUCE, GRAPES, SEEDLESS, RED OR WHITE	1.00 Serving (1/2 cup - #8 scoop)	7.889
PINEAPPLE TIDBITS	1.00 Serving (1/2 cup - # 8 scoop)	22.000
USDA PEARS, DICED	1.00 Serving (1/2 cup)	14.000
DRESSING, ITALIAN, LO-CAL	1.00 Tablespoon	1.355
HEINZ, KETCHUP, POUCH	1.00 Serving (1 tbsp)	5.000
KEN'S, DRESSING, CA FRENCH FF	1.00 Serving	4.500
LIGHT RANCH DRESSING, POUCH PACK	1.00 Serving (2 tbsp)	7.000
MUSTARD POUCHES	1.00 Serving (1 tsp)	.000
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date : 12/11/2018

Name	Serving Size	Carb (g)
SAND HOT: CHEESEBURGER K-12	1.00 Each (1 cheeseburger)	24.427
SALAD ENT: TACO, BEEF K-8	1.00 Serving (1 Salad)	10.151
CHIPS, TORTILLA, ROUND, WG	1.00 Serving (13 chips)	20.000
SANDWICHES, PEANUT BUTTER/JELLY (GRAPE)	1.00 Each (2.8 oz)	35.000
USDA STRING CHEESE	1.00 Each (1 oz)	.000
PRODUCE, CARROTS, MINI, SLIM	1.00 Serving (1/2 cup - #8 scoop)	6.588
CENTRAL KITCHEN: BEANS: REFRIED, VEG	1.00 Serving (1/2 cup - #8 scoop)	21.857
PRODUCE, LETTUCE, SALAD MIX	1.00 Cup (shredded)	1.033
PRODUCE, BANANAS	1.00 Each (1/2 Cup)	26.951
MANDARIN ORANGES	1.00 Serving (1/2 cup drained)	17.000
PRODUCE, JICAMA STICKS	1.00 Serving (1/2 cup - #8 scoop)	5.292
PRODUCE, STRAWBERRIES	1.00 Serving (1/2 cup - #8 scoop)	5.530
DRESSING, ITALIAN, LO-CAL	1.00 Tablespoon	1.355
HEINZ, KETCHUP, POUCH	1.00 Serving (1 tbsp)	5.000
KEN'S, DRESSING, CA FRENCH FF	1.00 Serving	4.500
LIGHT RANCH DRESSING, POUCH PACK	1.00 Serving (2 tbsp)	7.000
MUSTARD POUCHES	1.00 Serving (1 tsp)	.000
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date : 12/12/2018

Name	Serving Size	Carb (g)
CHEESE PIZZA RIPPERS	1.00 Each (1 square)	32.000
PEPPERONI PIZZA RIPPERS	1.00 Each (1 square)	27.000
CHIPS, TORTILLA, ROUND, WG	1.00 Serving (13 chips)	20.000
SANDWICHES, PEANUT BUTTER/JELLY (GRAPE)	1.00 Each (2.8 oz)	35.000
USDA STRING CHEESE	1.00 Each (1 oz)	.000
CENTRAL KITCHEN: SAUCE, MARINARA, SCRATCH K-12	1.00 Serving (1/2 cup - #8 scoop)	14.275
CORN, FROZEN (20#)	1.00 Serving (1/2 cup - #8 scoop)	13.557
PRODUCE, LETTUCE, SALAD MIX	1.00 Cup (shredded)	1.033
PRODUCE, PEARS FRESH	1.00 Serving (1 medium pear)	23.456
USDA PEACHES, SLICED	1.00 Serving (1/2 Cup)	14.000
USDA APRICOTS, DICED	1.00 Serving (1/2 Cup - # 8 scoop)	14.000
TROPICAL FRUIT SALAD	1.00 Serving (1/2 Cup)	24.000
DRESSING, ITALIAN, LO-CAL	1.00 Tablespoon	1.355
HEINZ, KETCHUP, POUCH	1.00 Serving (1 tbsp)	5.000
KEN'S, DRESSING, CA FRENCH FF	1.00 Serving	4.500
LIGHT RANCH DRESSING, POUCH PACK	1.00 Serving (2 tbsp)	7.000
MUSTARD POUCHES	1.00 Serving (1 tsp)	.000
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date : 12/13/2018

Name	Serving Size	Carb (g)
CENTRAL KITCHEN: ROLL, ORANGE, SCRATCH	1.00 Serving	24.604
HOLIDAY: CHRISTMAS MEAL K-12	1.00 Serving (Ham+Potato+Roll)	.298
BURRITO: BEAN & CHEESE K-8	1.00 Serving (1 burrito)	40.950
CHIPS, TORTILLA, ROUND, WG	1.00 Serving (13 chips)	20.000
SANDWICHES, PEANUT BUTTER/JELLY (GRAPE)	1.00 Each (2.8 oz)	35.000
USDA STRING CHEESE	1.00 Each (1 oz)	.000
PRODUCE, CARROTS, MINI, SLIM	1.00 Serving (1/2 cup - #8 scoop)	6.588
PRODUCE, LETTUCE, SALAD MIX	1.00 Cup (shredded)	1.033
PRODUCE, ORANGES	1.00 Serving (1 orange)	24.645
USDA APPLESAUCE	1.00 Serving (1/2 Cup - #8 scoop)	16.000
USDA MIXED FRUIT	1.00 Serving (1/2 cup)	15.000
PRODUCE, CANTALOUPE, CUBED	1.00 Serving (1/2 cup - #8 scoop)	6.528
DRESSING, ITALIAN, LO-CAL	1.00 Tablespoon	1.355
HEINZ, KETCHUP, POUCH	1.00 Serving (1 tbsp)	5.000
KEN'S, DRESSING, CA FRENCH FF	1.00 Serving	4.500
LIGHT RANCH DRESSING, POUCH PACK	1.00 Serving (2 tbsp)	7.000
MUSTARD POUCHES	1.00 Serving (1 tsp)	.000
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date : 12/14/2018

Name	Serving Size	Carb (g)
PIZZA: CHEESE BIG DADDY	1.00 Slice (1/10th - elementary)	30.481
PIZZA: PEPPERONI BIG DADDY	1.00 Slice (1/10th - elementary)	34.400
CHIPS, TORTILLA, ROUND, WG	1.00 Serving (13 chips)	20.000
SANDWICHES, PEANUT BUTTER/JELLY (GRAPE)	1.00 Each (2.8 oz)	35.000
USDA STRING CHEESE	1.00 Each (1 oz)	.000
POTATO, TATER GEMS, SIMPLOT	1.00 Serving (8 tots)	19.000
PRODUCE, BROCCOLI BUDS	1.00 Serving (1/2 Cup - #8 scoop)	3.021
PRODUCE, LETTUCE, SALAD MIX	1.00 Cup (shredded)	1.033
PRODUCE, GRAPES, SEEDLESS, RED OR WHITE	1.00 Serving (1/2 cup - #8 scoop)	7.889
PINEAPPLE TIDBITS	1.00 Serving (1/2 cup - #8 scoop)	22.000
USDA APPLESAUCE	1.00 Serving (1/2 Cup - #8 scoop)	16.000
PRODUCE, STRAWBERRIES	1.00 Serving (1/2 cup - #8 scoop)	5.530
DRESSING, ITALIAN, LO-CAL	1.00 Tablespoon	1.355
HEINZ, KETCHUP, POUCH	1.00 Serving (1 tbsp)	5.000
KEN'S, DRESSING, CA FRENCH FF	1.00 Serving	4.500
LIGHT RANCH DRESSING, POUCH PACK	1.00 Serving (2 tbsp)	7.000
MUSTARD POUCHES	1.00 Serving (1 tsp)	.000
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date : 12/17/2018

Name	Serving Size	Carb (g)
NACHOS BEEF & CHEESE	1.00 Each (chips + meat + nacho sauce)	43.840
ALASKA TACO K-8	1.00 Each (1 taco)	40.023
CHIPS, TORTILLA, ROUND, WG	1.00 Serving (13 chips)	20.000
SANDWICHES, PEANUT BUTTER/JELLY (GRAPE)	1.00 Each (2.8 oz)	35.000
USDA STRING CHEESE	1.00 Each (1 oz)	.000
PRODUCE, TOMATOES, GRAPE, CLAMSHELL	1.00 Serving (1/4 cup; 10 tomato)	1.821
PRODUCE, DICED RED ONION	1.00 Serving (1/4 cup - #16 scoop)	3.736
CENTRAL KITCHEN: BEANS: REFRIED, VEG	1.00 Serving (1/2 cup - #8 scoop)	21.857
PRODUCE, LETTUCE, SALAD MIX	1.00 Cup (shredded)	1.033
PRODUCE, APPLES, GRANNY SMITH OR GOLDEN DELICIOUS	1.00 Each (1 apple)	20.577
USDA PEARS, DICED	1.00 Serving (1/2 cup)	14.000
PRODUCE, GRAPES, SEEDLESS, RED OR WHITE	1.00 Serving (1/2 cup - #8 scoop)	7.889
PINEAPPLE TIDBITS	1.00 Serving (1/2 cup - # 8 scoop)	22.000
DRESSING, ITALIAN, LO-CAL	1.00 Tablespoon	1.355
HEINZ, KETCHUP, POUCH	1.00 Serving (1 tbsp)	5.000
KEN'S, DRESSING, CA FRENCH FF	1.00 Serving	4.500
LIGHT RANCH DRESSING, POUCH PACK	1.00 Serving (2 tbsp)	7.000
MUSTARD POUCHES	1.00 Serving (1 tsp)	.000
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1 % LOWFAT	1.00 Each (8 fl oz)	13.000

Date : 12/18/2018

Name	Serving Size	Carb (g)
CENTRAL KITCHEN: ROLL, SCRATCH	1.00 Serving (1 roll)	26.865
CHICKEN NUGGETS K-12	1.00 Serving (5 nuggets)	15.996
SALAD ENT: TACO, BEEF K-8	1.00 Serving (1 Salad)	10.151
CHIPS, TORTILLA, ROUND, WG	1.00 Serving (13 chips)	20.000
SANDWICHES, PEANUT BUTTER/JELLY (GRAPE)	1.00 Each (2.8 oz)	35.000
USDA STRING CHEESE	1.00 Each (1 oz)	.000
PRODUCE, CARROTS, MINI, SLIM	1.00 Serving (1/2 cup - #8 scoop)	6.588
PRODUCE, CUCUMBERS, 72-84 CT/CASE	1.00 Serving (1/2 cup - #8 scoop)	1.888
PRODUCE, LETTUCE, SALAD MIX	1.00 Cup (shredded)	1.033
PRODUCE, BANANAS	1.00 Each (1/2 Cup)	26.951
MANDARIN ORANGES	1.00 Serving (1/2 cup drained)	17.000
PRODUCE, JICAMA STICKS	1.00 Serving (1/2 cup - #8 scoop)	5.292
PRODUCE, STRAWBERRIES	1.00 Serving (1/2 cup - #8 scoop)	5.530
DRESSING, ITALIAN, LO-CAL	1.00 Tablespoon	1.355
HEINZ, KETCHUP, POUCH	1.00 Serving (1 tbsp)	5.000
KEN'S, DRESSING, CA FRENCH FF	1.00 Serving	4.500
LIGHT RANCH DRESSING, POUCH PACK	1.00 Serving (2 tbsp)	7.000
MUSTARD POUCHES	1.00 Serving (1 tsp)	.000
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1 % LOWFAT	1.00 Each (8 fl oz)	13.000

Date : 12/19/2018

Name	Serving Size	Carb (g)
CHEESE PIZZA RIPPERS	1.00 Each (1 square)	32.000
PEPPERONI PIZZA RIPPERS	1.00 Each (1 square)	27.000
CHIPS, TORTILLA, ROUND, WG	1.00 Serving (13 chips)	20.000
SANDWICHES, PEANUT BUTTER/JELLY (GRAPE)	1.00 Each (2.8 oz)	35.000
USDA STRING CHEESE	1.00 Each (1 oz)	.000
CENTRAL KITCHEN: SAUCE, MARINARA, SCRATCH K-12	1.00 Serving (1/2 cup - #8 scoop)	14.275
PRODUCE, LETTUCE, SALAD MIX	1.00 Cup (shredded)	1.033
PRODUCE, PEARS FRESH	1.00 Serving (1 medium pear)	23.456
USDA PEACHES, SLICED	1.00 Serving (1/2 Cup)	14.000
USDA APRICOTS, DICED	1.00 Serving (1/2 Cup - # 8 scoop)	14.000
TROPICAL FRUIT SALAD	1.00 Serving (1/2 Cup)	24.000
DRESSING, ITALIAN, LO-CAL	1.00 Tablespoon	1.355
HEINZ, KETCHUP, POUCH	1.00 Serving (1 tbspc)	5.000
KEN'S, DRESSING, CA FRENCH FF	1.00 Serving	4.500
LIGHT RANCH DRESSING, POUCH PACK	1.00 Serving (2 tbspc)	7.000
MUSTARD POUCHES	1.00 Serving (1 tsp)	.000
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date : 12/20/2018

Name	Serving Size	Carb (g)
BOWL: CHICKEN TERIYAKI & RICE K-5	1.00 Serving (1 bowl)	93.209
SAND HOT: CHEESEBURGER K-12	1.00 Each (1 cheeseburger)	24.427
CHIPS, TORTILLA, ROUND, WG	1.00 Serving (13 chips)	20.000
SANDWICHES, PEANUT BUTTER/JELLY (GRAPE)	1.00 Each (2.8 oz)	35.000
USDA STRING CHEESE	1.00 Each (1 oz)	.000
PRODUCE, CARROTS, MINI, SLIM	1.00 Serving (1/2 cup - #8 scoop)	6.588
POTATO, TATER GEMS, SIMPLOT	1.00 Serving (8 tots)	19.000
PRODUCE, LETTUCE, SALAD MIX	1.00 Cup (shredded)	1.033
PRODUCE, ORANGES	1.00 Serving (1 orange)	24.645
USDA APPLESAUCE	1.00 Serving (1/2 Cup - #8 scoop)	16.000
USDA MIXED FRUIT	1.00 Serving (1/2 cup)	15.000
PRODUCE, CANTALOUPE, CUBED	1.00 Serving (1/2 cup - #8 scoop)	6.528
DRESSING, ITALIAN, LO-CAL	1.00 Tablespoon	1.355
HEINZ, KETCHUP, POUCH	1.00 Serving (1 tbspc)	5.000
KEN'S, DRESSING, CA FRENCH FF	1.00 Serving	4.500
LIGHT RANCH DRESSING, POUCH PACK	1.00 Serving (2 tbspc)	7.000
MUSTARD POUCHES	1.00 Serving (1 tsp)	.000
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date : 12/21/2018

Name	Serving Size	Carb (g)
PIZZA: CHEESE BIG DADDY	1.00 Slice (1/10th - elementary)	30.481
PIZZA: PEPPERONI BIG DADDY	1.00 Slice (1/10th - elementary)	34.400
SAND HOT: BBQ RIBLET K-5	1.00 Serving (1 Sandwich)	34.000
CHIPS, TORTILLA, ROUND, WG	1.00 Serving (13 chips)	20.000
SANDWICHES, PEANUT BUTTER/JELLY (GRAPE)	1.00 Each (2.8 oz)	35.000
USDA STRING CHEESE	1.00 Each (1 oz)	.000
CENTRAL KITCHEN : BEANS: BBQ BAKED	1.00 Serving (1/2 Cup - #8 Scoop)	29.257
PRODUCE, BROCCOLI BUDS	1.00 Serving (1/2 Cup - #8 scoop)	3.021
PRODUCE, LETTUCE, SALAD MIX	1.00 Cup (shredded)	1.033
PRODUCE, GRAPES, SEEDLESS, RED OR WHITE	1.00 Serving (1/2 cup - #8 scoop)	7.889
PINEAPPLE TIDBITS	1.00 Serving (1/2 cup - # 8 scoop)	22.000
USDA APPLESAUCE	1.00 Serving (1/2 Cup - #8 scoop)	16.000
PRODUCE, STRAWBERRIES	1.00 Serving (1/2 cup - #8 scoop)	5.530
DRESSING, ITALIAN, LO-CAL	1.00 Tablespoon	1.355
HEINZ, KETCHUP, POUCH	1.00 Serving (1 tbspc)	5.000
KEN'S, DRESSING, CA FRENCH FF	1.00 Serving	4.500
LIGHT RANCH DRESSING, POUCH PACK	1.00 Serving (2 tbspc)	7.000
MUSTARD POUCHES	1.00 Serving (1 tsp)	.000
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1 % LOWFAT	1.00 Each (8 fl oz)	13.000