

# Granite School District - Secondary Lunch

Dec 01 thru Dec 21, 2018

Date : 12/03/2018

Name	Serving Size	Carb (g)
SAND HOT: BBQ RIBLET 6-12	1.00 Each (1 sandwich)	56.363
BREADED CHICKEN TENDERS 6-12	1.00 Serving (2 strips)	10.989
CENTRAL KITCHEN: ROLL, SCRATCH	1.00 Serving (1 roll)	26.865
SAND HOT: SPICY CHICKEN 6-12	1.00 Each (1 sandwich)	38.061
SAND HOT: CHEESEBURGER K-12	1.00 Each (1 cheeseburger)	24.427
CHEESE PIZZA RIPPERS	1.00 Each (1 square)	32.000
PEPPERONI PIZZA RIPPERS	1.00 Each (1 square)	27.000
CENTRAL KITCHEN: JALAPENO CHEESE SAUCE	1.00 Serving (1/4 cup - #16 scoop)	2.577
CENTRAL KITCHEN: TACO MEAT	2.00 Serving (Scoop #30)	2.528
RICE: CILANTRO LIME	1.00 Serving (1/4 cup - #16 scoop)	14.781 !
CENTRAL KITCHEN: BEANS: REFRIED, VEG	1.00 Serving (1/2 cup - #8 scoop)	21.857
JALAPENO, SLICED, EMBASSA	2.00 Tablespoon	1.333
OLIVES, SLICED	1.00 Serving (2 Tbsp - 1/8 cup)	1.000
PICKLE CHIPS, DILL, CRINKLE CUT	1.00 Ounce	.000
PRODUCE, ONION, SLICED RED	2.00 Slice	1.681
PRODUCE, TOMATOES, GRAPE, CLAMHELL	3.00 Each	.560
TOMATO SLICED	2.00 Slice	1.167
USDA SALSA	1.00 Serving (1/8 cup - #30 scoop)	2.130
CHIPS, TORTILLA, ROUND, WG	2.00 Serving (13 chips)	40.000
SAND COLD: COMBO: HAM/TK & CHEESE 9-12	1.00 Each (1 sandwich)	36.951
SAND COLD: HAM & CHEESE 9-12	1.00 Each (1 sandwich)	37.854
SAND COLD: ROAST BEEF & CHEESE 9-12	1.00 Each (1 sandwich)	37.675
SAND COLD: TURKEY & CHEESE 9-12	1.00 Each (1 sandwich)	32.625
PRODUCE, CARROTS, MINI, SLIM	1.00 Serving (1/2 cup - #8 scoop)	6.588
SANDWICHES, PEANUT BUTTER/JELLY (GRAPE)	1.00 Each (2.8 oz)	35.000
USDA STRING CHEESE	1.00 Each (1 stick)	.000
CENTRAL KITCHEN : BEANS: BBQ BAKED	1.00 Serving (3/4 Cup - #5 Scoop)	43.886
PRODUCE, LETTUCE, SALAD MIX	0.25 Cup (shredded)	.258
PRODUCE, CUCUMBERS, 72-84 CT/CASE	1.00 Serving (1/2 cup - #8 scoop)	1.888
POTATO, TATER GEMS, SIMPLOT	1.00 Serving (8 tots)	19.000
PRODUCE, DICED RED ONION	1.00 Serving (1/4 cup - #16 scoop)	3.736
PRODUCE, TOMATO GRAPE	1.00 Serving (1/4 cup; 10 tomato)	1.821
PRODUCE, APPLES, GRANNY SMITH OR GOLDEN DELICIOUS	1.00 Each (1 apple)	20.577
USDA PEARS, DICED	1.00 Serving (1/2 cup)	14.000
PRODUCE, GRAPES, SEEDLESS, RED OR WHITE	1.00 Serving (1/2 cup - #8 scoop)	7.889
PINEAPPLE TIDBITS	1.00 Serving (1/2 cup - # 8 scoop)	22.000
BASIC CONVENIENCE, DRESSING, 1000 ISLAND	1.00 Tablespoon	1.130
HEINZ, KETCHUP, POUCH	1.00 Serving (1 tbsp)	5.000
KEN'S, DRESSING, CA FRENCH FF	1.00 Tablespoon	4.500
LIGHT RANCH DRESSING, POUCH PACK	1.00 Serving (2 tbsp)	7.000
MUSTARD POUCHES	1.00 Serving (1 tsp)	.000
USDA SALSA, LOW SODIUM	1.00 Serving (1/4 cup - #16 scoop)	4.371
VENTURA FOODS, DRESSING, MAYO TYPE	1.00 Tablespoon	3.000
VENTURA, DRESSING, ITALIAN FF	1.00 Tablespoon	1.500
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1 % LOWFAT	1.00 Each (8 fl oz)	13.000

Date : 12/04/2018

Name	Serving Size	Carb (g)
SAND HOT: BACON JALAPENO HAMBURGER	1.00 Each (1 hamburger)	26.667
BREADED CHICKEN TENDERS 6-12	1.00 Serving (2 strips)	10.989
CENTRAL KITCHEN: ROLL, SCRATCH	1.00 Serving (1 roll)	26.865
SAND HOT: CLASSIC CHICKEN 6-12	1.00 Each (1 sandwich)	38.148
SAND HOT: CHEESEBURGER K-12	1.00 Each (1 cheeseburger)	24.427
PIZZA: CHEESE: SCRATCH 6 -12	1.00 Serving (1/8th slice)	32.500
PIZZA: PEPPERONI: SCRATCH 6-12	1.00 Serving (1/8th slice)	32.500
CENTRAL KITCHEN: JALAPENO CHEESE SAUCE	1.00 Serving (1/4 cup - #16 scoop)	2.577
CENTRAL KITCHEN: TACO MEAT	2.00 Serving (Scoop #30)	2.528
RICE: CILANTRO LIME	1.00 Serving (1/4 cup - #16 scoop)	14.781 !
CENTRAL KITCHEN: BEANS: REFRIED, VEG	1.00 Serving (1/2 cup - #8 scoop)	21.857
JALAPENO, SLICED, EMBASSA	2.00 Tablespoon	1.333
OLIVES, SLICED	1.00 Serving (2 Tbsp - 1/8 cup)	1.000
PICKLE CHIPS, DILL, CRINKLE CUT	1.00 Ounce	.000
PRODUCE, ONION, SLICED RED	2.00 Slice	1.681
PRODUCE, TOMATOES, GRAPE, CLAMSHELL	3.00 Each	.560
TOMATO SLICED	2.00 Slice	1.167
USDA SALSA	1.00 Serving (1/8 cup - #30 scoop)	2.130
CHIPS, TORTILLA, ROUND, WG	2.00 Serving (13 chips)	40.000
SAND COLD: COMBO: HAM/TK & CHEESE 9-12	1.00 Each (1 sandwich)	36.951
SAND COLD: HAM & CHEESE 9-12	1.00 Each (1 sandwich)	37.854
SAND COLD: ROAST BEEF & CHEESE 9-12	1.00 Each (1 sandwich)	37.675
SAND COLD: TURKEY & CHEESE 9-12	1.00 Each (1 sandwich)	32.625
SANDWICHES, PEANUT BUTTER/JELLY (GRAPE)	1.00 Each (2.8 oz)	35.000
USDA STRING CHEESE	1.00 Each (1 stick)	.000
PRODUCE, LETTUCE, SALAD MIX	0.25 Cup (shredded)	.258
PRODUCE, CARROTS, MINI, SLIM	1.00 Serving (1/2 cup - #8 scoop)	6.588
PRODUCE, CARROTS, MINI, SLIM	1.00 Serving (1/2 cup - #8 scoop)	6.588
POTATO, TATER GEMS, SIMPLOT	1.00 Serving (8 tots)	19.000
PRODUCE, DICED RED ONION	1.00 Serving (1/4 cup - #16 scoop)	3.736
PRODUCE, TOMATO GRAPE	1.00 Serving (1/4 cup; 10 tomato)	1.821
PRODUCE, BANANAS	1.00 Each (1/2 Cup)	26.951
MANDARIN ORANGES	1.00 Serving (1/2 cup drained)	17.000
PRODUCE, JICAMA STICKS	1.00 Serving (1/2 cup - #8 scoop)	5.292
PRODUCE, STRAWBERRIES	1.00 Serving (1/2 cup - #8 scoop)	5.530
BASIC CONVENIENCE, DRESSING, 1000 ISLAND	1.00 Tablespoon	1.130
HEINZ, KETCHUP, POUCH	1.00 Serving (1 tbsp)	5.000
KEN'S, DRESSING, CA FRENCH FF	1.00 Tablespoon	4.500
LIGHT RANCH DRESSING, POUCH PACK	1.00 Serving (2 tbsp)	7.000
MUSTARD POUCHES	1.00 Serving (1 tsp)	.000
USDA SALSA, LOW SODIUM	1.00 Serving (1/4 cup - #16 scoop)	4.371
VENTURA FOODS, DRESSING, MAYO TYPE	1.00 Tablespoon	3.000
VENTURA, DRESSING, ITALIAN FF	1.00 Tablespoon	1.500
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date : 12/05/2018

Name	Serving Size	Carb (g)
BOWL: SALISBURY STEAK & GRAVY K-12	1.00 Serving (1 Bowl)	16.371
CENTRAL KITCHEN: BREADSTICK, SCRATCH	1.00 Serving (1 Breadstick)	34.918
BREADED CHICKEN TENDERS 6-12	1.00 Serving (2 strips)	10.989
CENTRAL KITCHEN: ROLL, SCRATCH	1.00 Serving (1 roll)	26.865
SAND HOT: SPICY CHICKEN 6-12	1.00 Each (1 sandwich)	38.061
SAND HOT: CHEESEBURGER K-12	1.00 Each (1 cheeseburger)	24.427
CHEESE PIZZA RIPPERS	1.00 Each (1 square)	32.000
PEPPERONI PIZZA RIPPERS	1.00 Each (1 square)	27.000
CENTRAL KITCHEN: JALAPENO CHEESE SAUCE	1.00 Serving (1/4 cup - #16 scoop)	2.577
CENTRAL KITCHEN: TACO MEAT	2.00 Serving (Scoop #30)	2.528
RICE: CILANTRO LIME	1.00 Serving (1/4 cup - #16 scoop)	14.781 !
CENTRAL KITCHEN: BEANS: REFRIED, VEG	1.00 Serving (1/2 cup - #8 scoop)	21.857
JALAPENO, SLICED, EMBASSA	2.00 Tablespoon	1.333
OLIVES, SLICED	1.00 Serving (2 Tbsp - 1/8 cup)	1.000
PICKLE CHIPS, DILL, CRINKLE CUT	1.00 Ounce	.000
PRODUCE, ONION, SLICED RED	2.00 Slice	1.681
PRODUCE, TOMATOES, GRAPE, CLAMSHELL	3.00 Each	.560
TOMATO SLICED	2.00 Slice	1.167
USDA SALSA	1.00 Serving (1/8 cup - #30 scoop)	2.130
CHIPS, TORTILLA, ROUND, WG	2.00 Serving (13 chips)	40.000
SAND COLD: COMBO: HAM/TK & CHEESE 9-12	1.00 Each (1 sandwich)	36.951
SAND COLD: HAM & CHEESE 9-12	1.00 Each (1 sandwich)	37.854
SAND COLD: ROAST BEEF & CHEESE 9-12	1.00 Each (1 sandwich)	37.675
SAND COLD: TURKEY & CHEESE 9-12	1.00 Each (1 sandwich)	32.625
PRODUCE, CARROTS, MINI, SLIM	1.00 Serving (1/2 cup - #8 scoop)	6.588
SANDWICHES, PEANUT BUTTER/JELLY (GRAPE)	1.00 Each (2.8 oz)	35.000
USDA STRING CHEESE	1.00 Each (1 stick)	.000
PRODUCE, LETTUCE, SALAD MIX	0.25 Cup (shredded)	.258
CENTRAL KITCHEN: SAUCE, MARINARA, SCRATCH K-12	1.00 Serving (1/2 cup - #8 scoop)	14.275
POTATO, TATER GEMS, SIMPLOT	1.00 Serving (8 tots)	19.000
PRODUCE, DICED RED ONION	1.00 Serving (1/4 cup - #16 scoop)	3.736
PRODUCE, TOMATO GRAPE	1.00 Serving (1/4 cup; 10 tomato)	1.821
USDA GREEN BEANS	1.00 Serving (1/2 Cup - # 8 scoop)	4.000
PRODUCE, PEARS FRESH	1.00 Serving (1 medium pear)	23.456
USDA PEACHES, SLICED	1.00 Serving (1/2 Cup)	14.000
USDA APRICOTS, DICED	1.00 Serving (1/2 Cup - # 8 scoop)	14.000
TROPICAL FRUIT SALAD	1.00 Serving (1/2 Cup)	24.000
BASIC CONVENIENCE, DRESSING, 1000 ISLAND	1.00 Tablespoon	1.130
HEINZ, KETCHUP, POUCH	1.00 Serving (1 tbsp)	5.000
KEN'S, DRESSING, CA FRENCH FF	1.00 Tablespoon	4.500
LIGHT RANCH DRESSING, POUCH PACK	1.00 Serving (2 tbsp)	7.000
MUSTARD POUCHES	1.00 Serving (1 tsp)	.000
USDA SALSA, LOW SODIUM	1.00 Serving (1/4 cup - #16 scoop)	4.371
VENTURA FOODS, DRESSING, MAYO TYPE	1.00 Tablespoon	3.000
VENTURA, DRESSING, ITALIAN FF	1.00 Tablespoon	1.500
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1 % LOWFAT	1.00 Each (8 fl oz)	13.000

Date : 12/06/2018

Name	Serving Size	Carb (g)
BOWL: ASIAN ORNG CHICKEN & RICE 6-12	1.00 Serving (1 bowl)	84.433
EGG ROLL, VEGETABLE - SECONDARY	1.00 Serving	22.000
BREADED CHICKEN TENDERS 6-12	1.00 Serving (2 strips)	10.989
CENTRAL KITCHEN: ROLL, SCRATCH	1.00 Serving (1 roll)	26.865
SAND HOT: CLASSIC CHICKEN 6-12	1.00 Each (1 sandwich)	38.148
SAND HOT: CHEESEBURGER K-12	1.00 Each (1 cheeseburger)	24.427
PIZZA: CHEESE: SCRATCH 6 -12	1.00 Serving (1/8th slice)	32.500
PIZZA: PEPPERONI: SCRATCH 6-12	1.00 Serving (1/8th slice)	32.500
CENTRAL KITCHEN: JALAPENO CHEESE SAUCE	1.00 Serving (1/4 cup - #16 scoop)	2.577
CENTRAL KITCHEN: TACO MEAT	2.00 Serving (Scoop #30)	2.528
RICE: CILANTRO LIME	1.00 Serving (1/4 cup - #16 scoop)	14.781 !
CENTRAL KITCHEN: BEANS: REFRIED, VEG	1.00 Serving (1/2 cup - #8 scoop)	21.857
JALAPENO, SLICED, EMBASSA	2.00 Tablespoon	1.333
OLIVES, SLICED	1.00 Serving (2 Tbsp - 1/8 cup)	1.000
PICKLE CHIPS, DILL, CRINKLE CUT	1.00 Ounce	.000
PRODUCE, ONION, SLICED RED	2.00 Slice	1.681
PRODUCE, TOMATOES, GRAPE, CLAMHELL	3.00 Each	.560
TOMATO SLICED	2.00 Slice	1.167
USDA SALSA	1.00 Serving (1/8 cup - #30 scoop)	2.130
CHIPS, TORTILLA, ROUND, WG	2.00 Serving (13 chips)	40.000
SAND COLD: COMBO: HAM/TK & CHEESE 9-12	1.00 Each (1 sandwich)	36.951
SAND COLD: HAM & CHEESE 9-12	1.00 Each (1 sandwich)	37.854
SAND COLD: ROAST BEEF & CHEESE 9-12	1.00 Each (1 sandwich)	37.675
SAND COLD: TURKEY & CHEESE 9-12	1.00 Each (1 sandwich)	32.625
SANDWICHES, PEANUT BUTTER/JELLY (GRAPE)	1.00 Each (2.8 oz)	35.000
USDA STRING CHEESE	1.00 Each (1 stick)	.000
PRODUCE, CARROTS, MINI, SLIM	1.00 Serving (1/2 cup - #8 scoop)	6.588
PRODUCE, CARROTS, MINI, SLIM	1.00 Serving (1/2 cup - #8 scoop)	6.588
PRODUCE, LETTUCE, SALAD MIX	0.25 Cup (shredded)	.258
PRODUCE, BROCCOLI BUDS	1.00 Serving (1/2 Cup - #8 scoop)	3.021
POTATO, TATER GEMS, SIMPLOT	1.00 Serving (8 tots)	19.000
PRODUCE, DICED RED ONION	1.00 Serving (1/4 cup - #16 scoop)	3.736
PRODUCE, TOMATO GRAPE	1.00 Serving (1/4 cup; 10 tomato)	1.821
EDAMAME	1.00 Serving (1/2 cup)	3.849
PRODUCE, ORANGES	1.00 Serving (1 orange)	24.645
USDA APPLESAUCE	1.00 Serving (1/2 Cup - #8 scoop)	16.000
USDA MIXED FRUIT	1.00 Serving (1/2 cup)	15.000
PRODUCE, CANTALOUPE, CUBED	1.00 Serving (1/2 cup - #8 scoop)	6.528
BASIC CONVENIENCE, DRESSING, 1000 ISLAND	1.00 Tablespoon	1.130
HEINZ, KETCHUP, POUCH	1.00 Serving (1 tbsp)	5.000
KEN'S, DRESSING, CA FRENCH FF	1.00 Tablespoon	4.500
LIGHT RANCH DRESSING, POUCH PACK	1.00 Serving (2 tbsp)	7.000
MUSTARD POUCHES	1.00 Serving (1 tsp)	.000
USDA SALSA, LOW SODIUM	1.00 Serving (1/4 cup - #16 scoop)	4.371
VENTURA FOODS, DRESSING, MAYO TYPE	1.00 Tablespoon	3.000
VENTURA, DRESSING, ITALIAN FF	1.00 Tablespoon	1.500
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date : 12/07/2018

Name	Serving Size	Carb (g)
SAND COLD: ITALIAN SUB	1.00 Each	33.298
BREADED CHICKEN TENDERS 6-12	1.00 Serving (2 strips)	10.989
CENTRAL KITCHEN: ROLL, SCRATCH	1.00 Serving (1 roll)	26.865
SAND HOT: SPICY CHICKEN 6-12	1.00 Each (1 sandwich)	38.061
SAND HOT: CHEESEBURGER K-12	1.00 Each (1 cheeseburger)	24.427
CHEESE PIZZA RIPPERS	1.00 Each (1 square)	32.000
PEPPERONI PIZZA RIPPERS	1.00 Each (1 square)	27.000
CENTRAL KITCHEN: JALAPENO CHEESE SAUCE	1.00 Serving (1/4 cup - #16 scoop)	2.577
CENTRAL KITCHEN: TACO MEAT	2.00 Serving (Scoop #30)	2.528
RICE: CILANTRO LIME	1.00 Serving (1/4 cup - #16 scoop)	14.781 !
CENTRAL KITCHEN: BEANS: REFRIED, VEG	1.00 Serving (1/2 cup - #8 scoop)	21.857
JALAPENO, SLICED, EMBASSA	2.00 Tablespoon	1.333
OLIVES, SLICED	1.00 Serving (2 Tbsp - 1/8 cup)	1.000
PICKLE CHIPS, DILL, CRINKLE CUT	1.00 Ounce	.000
PRODUCE, ONION, SLICED RED	2.00 Slice	1.681
PRODUCE, TOMATOES, GRAPE, CLAMSHELL	3.00 Each	.560
TOMATO SLICED	2.00 Slice	1.167
USDA SALSA	1.00 Serving (1/8 cup - #30 scoop)	2.130
CHIPS, TORTILLA, ROUND, WG	2.00 Serving (13 chips)	40.000
SAND COLD: COMBO: HAM/TK & CHEESE 9-12	1.00 Each (1 sandwich)	36.951
SAND COLD: HAM & CHEESE 9-12	1.00 Each (1 sandwich)	37.854
SAND COLD: ROAST BEEF & CHEESE 9-12	1.00 Each (1 sandwich)	37.675
SAND COLD: TURKEY & CHEESE 9-12	1.00 Each (1 sandwich)	32.625
PRODUCE, CARROTS, MINI, SLIM	1.00 Serving (1/2 cup - #8 scoop)	6.588
SANDWICHES, PEANUT BUTTER/JELLY (GRAPE)	1.00 Each (2.8 oz)	35.000
USDA STRING CHEESE	1.00 Each (1 stick)	.000
PRODUCE, LETTUCE, SALAD MIX	0.25 Cup (shredded)	.258
USDA GREEN BEANS	1.00 Serving (1/2 Cup - # 8 scoop)	4.000
POTATO, TATER GEMS, SIMPLOT	1.00 Serving (8 tots)	19.000
PRODUCE, DICED RED ONION	1.00 Serving (1/4 cup - #16 scoop)	3.736
PRODUCE, TOMATO GRAPE	1.00 Serving (1/4 cup; 10 tomato)	1.821
PRODUCE, GRAPES, SEEDLESS, RED OR WHITE	1.00 Serving (1/2 cup - #8 scoop)	7.889
PINEAPPLE TIDBITS	1.00 Serving (1/2 cup - # 8 scoop)	22.000
USDA APPLESAUCE	1.00 Serving (1/2 Cup - #8 scoop)	16.000
PRODUCE, STRAWBERRIES	1.00 Serving (1/2 cup - #8 scoop)	5.530
BASIC CONVENIENCE, DRESSING, 1000 ISLAND	1.00 Tablespoon	1.130
HEINZ, KETCHUP, POUCH	1.00 Serving (1 tbsp)	5.000
KEN'S, DRESSING, CA FRENCH FF	1.00 Tablespoon	4.500
LIGHT RANCH DRESSING, POUCH PACK	1.00 Serving (2 tbsp)	7.000
MUSTARD POUCHES	1.00 Serving (1 tsp)	.000
USDA SALSA, LOW SODIUM	1.00 Serving (1/4 cup - #16 scoop)	4.371
VENTURA FOODS, DRESSING, MAYO TYPE	1.00 Tablespoon	3.000
VENTURA, DRESSING, ITALIAN FF	1.00 Tablespoon	1.500
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date : 12/10/2018

Name	Serving Size	Carb (g)
SAND HOT: ULTIMATE GRILLED CHEESE 6-12	1.00 Each (1 sandwich)	34.611
BREADED CHICKEN TENDERS 6-12	1.00 Serving (2 strips)	10.989
CENTRAL KITCHEN: ROLL, SCRATCH	1.00 Serving (1 roll)	26.865
SAND HOT: SPICY CHICKEN 6-12	1.00 Each (1 sandwich)	38.061
SAND HOT: CHEESEBURGER K-12	1.00 Each (1 cheeseburger)	24.427
CHEESE PIZZA RIPPERS	1.00 Each (1 square)	32.000
PEPPERONI PIZZA RIPPERS	1.00 Each (1 square)	27.000
CENTRAL KITCHEN: JALAPENO CHEESE SAUCE	1.00 Serving (1/4 cup - #16 scoop)	2.577
CENTRAL KITCHEN: TACO MEAT	2.00 Serving (Scoop #30)	2.528
RICE: CILANTRO LIME	1.00 Serving (1/4 cup - #16 scoop)	14.781 !
CENTRAL KITCHEN: BEANS: REFRIED, VEG	1.00 Serving (1/2 cup - #8 scoop)	21.857
JALAPENO, SLICED, EMBASSA	2.00 Tablespoon	1.333
OLIVES, SLICED	1.00 Serving (2 Tbsp - 1/8 cup)	1.000
PICKLE CHIPS, DILL, CRINKLE CUT	1.00 Ounce	.000
PRODUCE, ONION, SLICED RED	2.00 Slice	1.681
PRODUCE, TOMATOES, GRAPE, CLAMSHELL	3.00 Each	.560
TOMATO SLICED	2.00 Slice	1.167
USDA SALSA	1.00 Serving (1/8 cup - #30 scoop)	2.130
CHIPS, TORTILLA, ROUND, WG	2.00 Serving (13 chips)	40.000
SAND COLD: COMBO: HAM/TK & CHEESE 9-12	1.00 Each (1 sandwich)	36.951
SAND COLD: HAM & CHEESE 9-12	1.00 Each (1 sandwich)	37.854
SAND COLD: ROAST BEEF & CHEESE 9-12	1.00 Each (1 sandwich)	37.675
SAND COLD: TURKEY & CHEESE 9-12	1.00 Each (1 sandwich)	32.625
PRODUCE, CARROTS, MINI, SLIM	1.00 Serving (1/2 cup - #8 scoop)	6.588
SANDWICHES, PEANUT BUTTER/JELLY (GRAPE)	1.00 Each (2.8 oz)	35.000
USDA STRING CHEESE	1.00 Each (1 stick)	.000
PRODUCE, LETTUCE, SALAD MIX	0.25 Cup (shredded)	.258
PRODUCE, CUCUMBERS, 72-84 CT/CASE	1.00 Serving (1/2 cup - #8 scoop)	1.888
POTATO, TATER GEMS, SIMPLOT	1.00 Serving (8 tots)	19.000
PRODUCE, DICED RED ONION	1.00 Serving (1/4 cup - #16 scoop)	3.736
PRODUCE, TOMATO GRAPE	1.00 Serving (1/4 cup; 10 tomato)	1.821
PRODUCE, APPLES, GRANNY SMITH OR GOLDEN DELICIOUS	1.00 Each (1 apple)	20.577
USDA PEARS, DICED	1.00 Serving (1/2 cup)	14.000
PRODUCE, GRAPES, SEEDLESS, RED OR WHITE	1.00 Serving (1/2 cup - #8 scoop)	7.889
PINEAPPLE TIDBITS	1.00 Serving (1/2 cup - # 8 scoop)	22.000
BASIC CONVENIENCE, DRESSING, 1000 ISLAND	1.00 Tablespoon	1.130
HEINZ, KETCHUP, POUCH	1.00 Serving (1 tbsp)	5.000
KEN'S, DRESSING, CA FRENCH FF	1.00 Tablespoon	4.500
LIGHT RANCH DRESSING, POUCH PACK	1.00 Serving (2 tbsp)	7.000
MUSTARD POUCHES	1.00 Serving (1 tsp)	.000
USDA SALSA, LOW SODIUM	1.00 Serving (1/4 cup - #16 scoop)	4.371
VENTURA FOODS, DRESSING, MAYO TYPE	1.00 Tablespoon	3.000
VENTURA, DRESSING, ITALIAN FF	1.00 Tablespoon	1.500
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date : 12/11/2018

Name	Serving Size	Carb (g)
SAND HOT: PULLED BBQ CHICKEN 6-12	1.00 Each (1 sandwich)	67.212
BREADED CHICKEN TENDERS 6-12	1.00 Serving (2 strips)	10.989
CENTRAL KITCHEN: ROLL, SCRATCH	1.00 Serving (1 roll)	26.865
SAND HOT: CLASSIC CHICKEN 6-12	1.00 Each (1 sandwich)	38.148
SAND HOT: CHEESEBURGER K-12	1.00 Each (1 cheeseburger)	24.427
PIZZA: CHEESE: SCRATCH 6 -12	1.00 Serving (1/8th slice)	32.500
PIZZA: PEPPERONI: SCRATCH 6-12	1.00 Serving (1/8th slice)	32.500
CENTRAL KITCHEN: JALAPENO CHEESE SAUCE	1.00 Serving (1/4 cup - #16 scoop)	2.577
CENTRAL KITCHEN: TACO MEAT	2.00 Serving (Scoop #30)	2.528
RICE: CILANTRO LIME	1.00 Serving (1/4 cup - #16 scoop)	14.781 !
CENTRAL KITCHEN: BEANS: REFRIED, VEG	1.00 Serving (1/2 cup - #8 scoop)	21.857
JALAPENO, SLICED, EMBASSA	2.00 Tablespoon	1.333
OLIVES, SLICED	1.00 Serving (2 Tbsp - 1/8 cup)	1.000
PICKLE CHIPS, DILL, CRINKLE CUT	1.00 Ounce	.000
PRODUCE, ONION, SLICED RED	2.00 Slice	1.681
PRODUCE, TOMATOES, GRAPE, CLAMHELL	3.00 Each	.560
TOMATO SLICED	2.00 Slice	1.167
USDA SALSA	1.00 Serving (1/8 cup - #30 scoop)	2.130
CHIPS, TORTILLA, ROUND, WG	2.00 Serving (13 chips)	40.000
SAND COLD: COMBO: HAM/TK & CHEESE 9-12	1.00 Each (1 sandwich)	36.951
SAND COLD: HAM & CHEESE 9-12	1.00 Each (1 sandwich)	37.854
SAND COLD: ROAST BEEF & CHEESE 9-12	1.00 Each (1 sandwich)	37.675
SAND COLD: TURKEY & CHEESE 9-12	1.00 Each (1 sandwich)	32.625
SANDWICHES, PEANUT BUTTER/JELLY (GRAPE)	1.00 Each (2.8 oz)	35.000
USDA STRING CHEESE	1.00 Each (1 stick)	.000
PRODUCE, CARROTS, MINI, SLIM	1.00 Serving (1/2 cup - #8 scoop)	6.588
PRODUCE, CARROTS, MINI, SLIM	1.00 Serving (1/2 cup - #8 scoop)	6.588
PRODUCE, LETTUCE, SALAD MIX	0.25 Cup (shredded)	.258
BEANS, BLACK	1.00 Serving (1/2 Cup - #8 scoop)	20.000
POTATO, TATER GEMS, SIMPLOT	1.00 Serving (8 tots)	19.000
PRODUCE, DICED RED ONION	1.00 Serving (1/4 cup - #16 scoop)	3.736
PRODUCE, TOMATO GRAPE	1.00 Serving (1/4 cup; 10 tomato)	1.821
PRODUCE, BANANAS	1.00 Each (1/2 Cup)	26.951
MANDARIN ORANGES	1.00 Serving (1/2 cup drained)	17.000
PRODUCE, JICAMA STICKS	1.00 Serving (1/2 cup - #8 scoop)	5.292
PRODUCE, STRAWBERRIES	1.00 Serving (1/2 cup - #8 scoop)	5.530
BASIC CONVENIENCE, DRESSING, 1000 ISLAND	1.00 Tablespoon	1.130
HEINZ, KETCHUP, POUCH	1.00 Serving (1 tbsp)	5.000
KEN'S, DRESSING, CA FRENCH FF	1.00 Tablespoon	4.500
LIGHT RANCH DRESSING, POUCH PACK	1.00 Serving (2 tbsp)	7.000
MUSTARD POUCHES	1.00 Serving (1 tsp)	.000
USDA SALSA, LOW SODIUM	1.00 Serving (1/4 cup - #16 scoop)	4.371
VENTURA FOODS, DRESSING, MAYO TYPE	1.00 Tablespoon	3.000
VENTURA, DRESSING, ITALIAN FF	1.00 Tablespoon	1.500
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date : 12/12/2018

Name	Serving Size	Carb (g)
SAND HOT: CHICKEN PARMESAN SANDWICH K-12	1.00 Serving (1 sandwich)	37.869
BREADED CHICKEN TENDERS 6-12	1.00 Serving (2 strips)	10.989
CENTRAL KITCHEN: ROLL, SCRATCH	1.00 Serving (1 roll)	26.865
SAND HOT: SPICY CHICKEN 6-12	1.00 Each (1 sandwich)	38.061
SAND HOT: CHEESEBURGER K-12	1.00 Each (1 cheeseburger)	24.427
CHEESE PIZZA RIPPERS	1.00 Each (1 square)	32.000
PEPPERONI PIZZA RIPPERS	1.00 Each (1 square)	27.000
CENTRAL KITCHEN: JALAPENO CHEESE SAUCE	1.00 Serving (1/4 cup - #16 scoop)	2.577
CENTRAL KITCHEN: TACO MEAT	2.00 Serving (Scoop #30)	2.528
RICE: CILANTRO LIME	1.00 Serving (1/4 cup - #16 scoop)	14.781 !
CENTRAL KITCHEN: BEANS: REFRIED, VEG	1.00 Serving (1/2 cup - #8 scoop)	21.857
JALAPENO, SLICED, EMBASSA	2.00 Tablespoon	1.333
OLIVES, SLICED	1.00 Serving (2 Tbsp - 1/8 cup)	1.000
PICKLE CHIPS, DILL, CRINKLE CUT	1.00 Ounce	.000
PRODUCE, ONION, SLICED RED	2.00 Slice	1.681
PRODUCE, TOMATOES, GRAPE, CLAMHELL	3.00 Each	.560
TOMATO SLICED	2.00 Slice	1.167
USDA SALSA	1.00 Serving (1/8 cup - #30 scoop)	2.130
CHIPS, TORTILLA, ROUND, WG	2.00 Serving (13 chips)	40.000
SAND COLD: COMBO: HAM/TK & CHEESE 9-12	1.00 Each (1 sandwich)	36.951
SAND COLD: HAM & CHEESE 9-12	1.00 Each (1 sandwich)	37.854
SAND COLD: ROAST BEEF & CHEESE 9-12	1.00 Each (1 sandwich)	37.675
SAND COLD: TURKEY & CHEESE 9-12	1.00 Each (1 sandwich)	32.625
PRODUCE, CARROTS, MINI, SLIM	1.00 Serving (1/2 cup - #8 scoop)	6.588
SANDWICHES, PEANUT BUTTER/JELLY (GRAPE)	1.00 Each (2.8 oz)	35.000
USDA STRING CHEESE	1.00 Each (1 stick)	.000
PRODUCE, LETTUCE, SALAD MIX	0.25 Cup (shredded)	.258
CENTRAL KITCHEN: SAUCE, MARINARA, SCRATCH K-12	1.00 Serving (1/2 cup - #8 scoop)	14.275
POTATO, TATER GEMS, SIMPLOT	1.00 Serving (8 tots)	19.000
PRODUCE, DICED RED ONION	1.00 Serving (1/4 cup - #16 scoop)	3.736
PRODUCE, TOMATO GRAPE	1.00 Serving (1/4 cup; 10 tomato)	1.821
POTATO: SWEET FRIES	1.00 Serving (1/2 cup)	22.275
PRODUCE, PEARS FRESH	1.00 Serving (1 medium pear)	23.456
USDA PEACHES, SLICED	1.00 Serving (1/2 Cup)	14.000
USDA APRICOTS, DICED	1.00 Serving (1/2 Cup - # 8 scoop)	14.000
TROPICAL FRUIT SALAD	1.00 Serving (1/2 Cup)	24.000
BASIC CONVENIENCE, DRESSING, 1000 ISLAND	1.00 Tablespoon	1.130
HEINZ, KETCHUP, POUCH	1.00 Serving (1 tbsp)	5.000
KEN'S, DRESSING, CA FRENCH FF	1.00 Tablespoon	4.500
LIGHT RANCH DRESSING, POUCH PACK	1.00 Serving (2 tbsp)	7.000
MUSTARD POUCHES	1.00 Serving (1 tsp)	.000
USDA SALSA, LOW SODIUM	1.00 Serving (1/4 cup - #16 scoop)	4.371
VENTURA FOODS, DRESSING, MAYO TYPE	1.00 Tablespoon	3.000
VENTURA, DRESSING, ITALIAN FF	1.00 Tablespoon	1.500
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000



Date : 12/13/2018

Name	Serving Size	Carb (g)
CENTRAL KITCHEN: ROLL, ORANGE, SCRATCH	1.00 Serving	24.604
HOLIDAY: CHRISTMAS MEAL K-12	1.00 Serving (Ham+Potato+Roll)	.298
BREADED CHICKEN TENDERS 6-12	1.00 Serving (2 strips)	10.989
CENTRAL KITCHEN: ROLL, SCRATCH	1.00 Serving (1 roll)	26.865
SAND HOT: CLASSIC CHICKEN 6-12	1.00 Each (1 sandwich)	38.148
SAND HOT: CHEESEBURGER K-12	1.00 Each (1 cheeseburger)	24.427
PIZZA: CHEESE: SCRATCH 6 -12	1.00 Serving (1/8th slice)	32.500
PIZZA: PEPPERONI: SCRATCH 6-12	1.00 Serving (1/8th slice)	32.500
CENTRAL KITCHEN: JALAPENO CHEESE SAUCE	1.00 Serving (1/4 cup - #16 scoop)	2.577
CENTRAL KITCHEN: TACO MEAT	2.00 Serving (Scoop #30)	2.528
RICE: CILANTRO LIME	1.00 Serving (1/4 cup - #16 scoop)	14.781 !
CENTRAL KITCHEN: BEANS: REFRIED, VEG	1.00 Serving (1/2 cup - #8 scoop)	21.857
JALAPENO, SLICED, EMBASSA	2.00 Tablespoon	1.333
OLIVES, SLICED	1.00 Serving (2 Tbsp - 1/8 cup)	1.000
PICKLE CHIPS, DILL, CRINKLE CUT	1.00 Ounce	.000
PRODUCE, ONION, SLICED RED	2.00 Slice	1.681
PRODUCE, TOMATOES, GRAPE, CLAMSHELL	3.00 Each	.560
TOMATO SLICED	2.00 Slice	1.167
USDA SALSA	1.00 Serving (1/8 cup - #30 scoop)	2.130
CHIPS, TORTILLA, ROUND, WG	2.00 Serving (13 chips)	40.000
SAND COLD: COMBO: HAM/TK & CHEESE 9-12	1.00 Each (1 sandwich)	36.951
SAND COLD: HAM & CHEESE 9-12	1.00 Each (1 sandwich)	37.854
SAND COLD: ROAST BEEF & CHEESE 9-12	1.00 Each (1 sandwich)	37.675
SAND COLD: TURKEY & CHEESE 9-12	1.00 Each (1 sandwich)	32.625
SANDWICHES, PEANUT BUTTER/JELLY (GRAPE)	1.00 Each (2.8 oz)	35.000
USDA STRING CHEESE	1.00 Each (1 stick)	.000
PRODUCE, LETTUCE, SALAD MIX	0.25 Cup (shredded)	.258
PRODUCE, CARROTS, MINI, SLIM	1.00 Serving (1/2 cup - #8 scoop)	6.588
PRODUCE, CARROTS, MINI, SLIM	1.00 Serving (1/2 cup - #8 scoop)	6.588
POTATO, TATER GEMS, SIMPLOT	1.00 Serving (8 tots)	19.000
PRODUCE, DICED RED ONION	1.00 Serving (1/4 cup - #16 scoop)	3.736
PRODUCE, TOMATO GRAPE	1.00 Serving (1/4 cup; 10 tomato)	1.821
PRODUCE, ZUCCHINI	1.00 Serving (1/2 cup - # 8 scoop)	1.757
PRODUCE, ORANGES	1.00 Serving (1 orange)	24.645
USDA APPLESAUCE	1.00 Serving (1/2 Cup - #8 scoop)	16.000
USDA MIXED FRUIT	1.00 Serving (1/2 cup)	15.000
PRODUCE, CANTALOUPE, CUBED	1.00 Serving (1/2 cup - #8 scoop)	6.528
BASIC CONVENIENCE, DRESSING, 1000 ISLAND	1.00 Tablespoon	1.130
HEINZ, KETCHUP, POUCH	1.00 Serving (1 tbsp)	5.000
KEN'S, DRESSING, CA FRENCH FF	1.00 Tablespoon	4.500
LIGHT RANCH DRESSING, POUCH PACK	1.00 Serving (2 tbsp)	7.000
MUSTARD POUCHES	1.00 Serving (1 tsp)	.000
USDA SALSA, LOW SODIUM	1.00 Serving (1/4 cup - #16 scoop)	4.371
VENTURA FOODS, DRESSING, MAYO TYPE	1.00 Tablespoon	3.000
VENTURA, DRESSING, ITALIAN FF	1.00 Tablespoon	1.500
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1 % LOWFAT	1.00 Each (8 fl oz)	13.000

Date : 12/14/2018

Name	Serving Size	Carb (g)
CENTRAL KITCHEN: MAC & CHEESE, SCRATCH	1.00 Serving (3/4 cup - #5 scoop)	36.204
SAND HOT: HOT DOG K-8	1.00 Serving (1 Hot Dog)	23.000
BREADED CHICKEN TENDERS 6-12	1.00 Serving (2 strips)	10.989
CENTRAL KITCHEN: ROLL, SCRATCH	1.00 Serving (1 roll)	26.865
SAND HOT: SPICY CHICKEN 6-12	1.00 Each (1 sandwich)	38.061
SAND HOT: CHEESEBURGER K-12	1.00 Each (1 cheeseburger)	24.427
CHEESE PIZZA RIPPERS	1.00 Each (1 square)	32.000
PEPPERONI PIZZA RIPPERS	1.00 Each (1 square)	27.000
CENTRAL KITCHEN: JALAPENO CHEESE SAUCE	1.00 Serving (1/4 cup - #16 scoop)	2.577
CENTRAL KITCHEN: TACO MEAT	2.00 Serving (Scoop #30)	2.528
RICE: CILANTRO LIME	1.00 Serving (1/4 cup - #16 scoop)	14.781 !
CENTRAL KITCHEN: BEANS: REFRIED, VEG	1.00 Serving (1/2 cup - #8 scoop)	21.857
JALAPENO, SLICED, EMBASSA	2.00 Tablespoon	1.333
OLIVES, SLICED	1.00 Serving (2 Tbsp - 1/8 cup)	1.000
PICKLE CHIPS, DILL, CRINKLE CUT	1.00 Ounce	.000
PRODUCE, ONION, SLICED RED	2.00 Slice	1.681
PRODUCE, TOMATOES, GRAPE, CLAMSHELL	3.00 Each	.560
TOMATO SLICED	2.00 Slice	1.167
USDA SALSA	1.00 Serving (1/8 cup - #30 scoop)	2.130
CHIPS, TORTILLA, ROUND, WG	2.00 Serving (13 chips)	40.000
SAND COLD: COMBO: HAM/TK & CHEESE 9-12	1.00 Each (1 sandwich)	36.951
SAND COLD: HAM & CHEESE 9-12	1.00 Each (1 sandwich)	37.854
SAND COLD: ROAST BEEF & CHEESE 9-12	1.00 Each (1 sandwich)	37.675
SAND COLD: TURKEY & CHEESE 9-12	1.00 Each (1 sandwich)	32.625
PRODUCE, CARROTS, MINI, SLIM	1.00 Serving (1/2 cup - #8 scoop)	6.588
SANDWICHES, PEANUT BUTTER/JELLY (GRAPE)	1.00 Each (2.8 oz)	35.000
USDA STRING CHEESE	1.00 Each (1 stick)	.000
PRODUCE, LETTUCE, SALAD MIX	0.25 Cup (shredded)	.258
PRODUCE, BROCCOLI BUDS	1.00 Serving (1/2 Cup - #8 scoop)	3.021
POTATO, TATER GEMS, SIMPLOT	1.00 Serving (8 tots)	19.000
PRODUCE, DICED RED ONION	1.00 Serving (1/4 cup - #16 scoop)	3.736
PRODUCE, TOMATO GRAPE	1.00 Serving (1/4 cup; 10 tomato)	1.821
PRODUCE, GRAPES, SEEDLESS, RED OR WHITE	1.00 Serving (1/2 cup - #8 scoop)	7.889
PINEAPPLE TIDBITS	1.00 Serving (1/2 cup - # 8 scoop)	22.000
USDA APPLESAUCE	1.00 Serving (1/2 Cup - #8 scoop)	16.000
PRODUCE, STRAWBERRIES	1.00 Serving (1/2 cup - #8 scoop)	5.530
BASIC CONVENIENCE, DRESSING, 1000 ISLAND	1.00 Tablespoon	1.130
HEINZ, KETCHUP, POUCH	1.00 Serving (1 tbsp)	5.000
KEN'S, DRESSING, CA FRENCH FF	1.00 Tablespoon	4.500
LIGHT RANCH DRESSING, POUCH PACK	1.00 Serving (2 tbsp)	7.000
MUSTARD POUCHES	1.00 Serving (1 tsp)	.000
USDA SALSA, LOW SODIUM	1.00 Serving (1/4 cup - #16 scoop)	4.371
VENTURA FOODS, DRESSING, MAYO TYPE	1.00 Tablespoon	3.000
VENTURA, DRESSING, ITALIAN FF	1.00 Tablespoon	1.500
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date : 12/17/2018

Name	Serving Size	Carb (g)
SAND HOT: MONTE CRISTO MELT 6-12	1.00 Each	67.139
BREADED CHICKEN TENDERS 6-12	1.00 Serving (2 strips)	10.989
CENTRAL KITCHEN: ROLL, SCRATCH	1.00 Serving (1 roll)	26.865
SAND HOT: SPICY CHICKEN 6-12	1.00 Each (1 sandwich)	38.061
SAND HOT: CHEESEBURGER K-12	1.00 Each (1 cheeseburger)	24.427
CHEESE PIZZA RIPPERS	1.00 Each (1 square)	32.000
PEPPERONI PIZZA RIPPERS	1.00 Each (1 square)	27.000
CENTRAL KITCHEN: JALAPENO CHEESE SAUCE	1.00 Serving (1/4 cup - #16 scoop)	2.577
CENTRAL KITCHEN: TACO MEAT	2.00 Serving (Scoop #30)	2.528
RICE: CILANTRO LIME	1.00 Serving (1/4 cup - #16 scoop)	14.781 !
CENTRAL KITCHEN: BEANS: REFRIED, VEG	1.00 Serving (1/2 cup - #8 scoop)	21.857
JALAPENO, SLICED, EMBASSA	2.00 Tablespoon	1.333
OLIVES, SLICED	1.00 Serving (2 Tbsp - 1/8 cup)	1.000
PICKLE CHIPS, DILL, CRINKLE CUT	1.00 Ounce	.000
PRODUCE, ONION, SLICED RED	2.00 Slice	1.681
PRODUCE, TOMATOES, GRAPE, CLAMSHELL	3.00 Each	.560
TOMATO SLICED	2.00 Slice	1.167
USDA SALSA	1.00 Serving (1/8 cup - #30 scoop)	2.130
CHIPS, TORTILLA, ROUND, WG	1.00 Serving (13 chips)	20.000
SAND COLD: COMBO: HAM/TK & CHEESE 9-12	1.00 Each (1 sandwich)	36.951
SAND COLD: HAM & CHEESE 9-12	1.00 Each (1 sandwich)	37.854
SAND COLD: ROAST BEEF & CHEESE 9-12	1.00 Each (1 sandwich)	37.675
SAND COLD: TURKEY & CHEESE 9-12	1.00 Each (1 sandwich)	32.625
PRODUCE, CARROTS, MINI, SLIM	1.00 Serving (1/2 cup - #8 scoop)	6.588
SANDWICHES, PEANUT BUTTER/JELLY (GRAPE)	1.00 Each (2.8 oz)	35.000
USDA STRING CHEESE	1.00 Each (1 stick)	.000
PRODUCE, TOMATO GRAPE	1.00 Serving (1/4 cup; 10 tomato)	1.821
PRODUCE, TOMATO GRAPE	1.00 Serving (1/4 cup; 10 tomato)	1.821
PRODUCE, LETTUCE, SALAD MIX	0.25 Cup (shredded)	.258
PRODUCE, DICED RED ONION	1.00 Serving (1/4 cup - #16 scoop)	3.736
PRODUCE, DICED RED ONION	1.00 Serving (1/4 cup - #16 scoop)	3.736
PRODUCE, CUCUMBERS, 72-84 CT/CASE	1.00 Serving (1/2 cup - #8 scoop)	1.888
POTATO, TATER GEMS, SIMPLOT	1.00 Serving (8 tots)	19.000
PRODUCE, APPLES, GRANNY SMITH OR GOLDEN DELICIOUS	1.00 Each (1 apple)	20.577
USDA PEARS, DICED	1.00 Serving (1/2 cup)	14.000
PRODUCE, GRAPES, SEEDLESS, RED OR WHITE	1.00 Serving (1/2 cup - #8 scoop)	7.889
PINEAPPLE TIDBITS	1.00 Serving (1/2 cup - # 8 scoop)	22.000
BASIC CONVENIENCE, DRESSING, 1000 ISLAND	1.00 Tablespoon	1.130
HEINZ, KETCHUP, POUCH	1.00 Serving (1 tbsp)	5.000
KEN'S, DRESSING, CA FRENCH FF	1.00 Tablespoon	4.500
LIGHT RANCH DRESSING, POUCH PACK	1.00 Serving (2 tbsp)	7.000
MUSTARD POUCHES	1.00 Serving (1 tsp)	.000
USDA SALSA, LOW SODIUM	1.00 Serving (1/4 cup - #16 scoop)	4.371
VENTURA FOODS, DRESSING, MAYO TYPE	1.00 Tablespoon	3.000
VENTURA, DRESSING, ITALIAN FF	1.00 Tablespoon	1.500
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1 % LOWFAT	1.00 Each (8 fl oz)	13.000

Date : 12/18/2018

Name	Serving Size	Carb (g)
ENCHILADA: BEEF AND CHEESE	1.00 Each	30.264
BREADED CHICKEN TENDERS 6-12	1.00 Serving (2 strips)	10.989
CENTRAL KITCHEN: ROLL, SCRATCH	1.00 Serving (1 roll)	26.865
SAND HOT: CLASSIC CHICKEN 6-12	1.00 Each (1 sandwich)	38.148
SAND HOT: CHEESEBURGER K-12	1.00 Each (1 cheeseburger)	24.427
PIZZA: CHEESE: SCRATCH 6 -12	1.00 Serving (1/8th slice)	32.500
PIZZA: PEPPERONI: SCRATCH 6-12	1.00 Serving (1/8th slice)	32.500
CENTRAL KITCHEN: JALAPENO CHEESE SAUCE	1.00 Serving (1/4 cup - #16 scoop)	2.577
CENTRAL KITCHEN: TACO MEAT	2.00 Serving (Scoop #30)	2.528
RICE: CILANTRO LIME	1.00 Serving (1/4 cup - #16 scoop)	14.781 !
JALAPENO, SLICED, EMBASSA	2.00 Tablespoon	1.333
OLIVES, SLICED	1.00 Serving (2 Tbsp - 1/8 cup)	1.000
PICKLE CHIPS, DILL, CRINKLE CUT	1.00 Ounce	.000
PRODUCE, ONION, SLICED RED	2.00 Slice	1.681
PRODUCE, TOMATOES, GRAPE, CLAMHELL	3.00 Each	.560
TOMATO SLICED	2.00 Slice	1.167
USDA SALSA	1.00 Serving (1/8 cup - #30 scoop)	2.130
CHIPS, TORTILLA, ROUND, WG	2.00 Serving (13 chips)	40.000
SAND COLD: COMBO: HAM/TK & CHEESE 9-12	1.00 Each (1 sandwich)	36.951
SAND COLD: HAM & CHEESE 9-12	1.00 Each (1 sandwich)	37.854
SAND COLD: ROAST BEEF & CHEESE 9-12	1.00 Each (1 sandwich)	37.675
SAND COLD: TURKEY & CHEESE 9-12	1.00 Each (1 sandwich)	32.625
SANDWICHES, PEANUT BUTTER/JELLY (GRAPE)	1.00 Each (2.8 oz)	35.000
USDA STRING CHEESE	1.00 Each (1 stick)	.000
PRODUCE, CARROTS, MINI, SLIM	1.00 Serving (1/2 cup - #8 scoop)	6.588
PRODUCE, CARROTS, MINI, SLIM	1.00 Serving (1/2 cup - #8 scoop)	6.588
PRODUCE, LETTUCE, SALAD MIX	0.25 Cup (shredded)	.258
CENTRAL KITCHEN: BEANS: REFRIED, VEG	1.00 Serving (1/2 cup - #8 scoop)	21.857
CENTRAL KITCHEN: BEANS: REFRIED, VEG	1.00 Serving (1/2 cup - #8 scoop)	21.857
POTATO, TATER GEMS, SIMPLOT	1.00 Serving (8 tots)	19.000
PRODUCE, DICED RED ONION	1.00 Serving (1/4 cup - #16 scoop)	3.736
PRODUCE, TOMATO GRAPE	1.00 Serving (1/4 cup; 10 tomato)	1.821
PRODUCE, PEPPERS, GREEN, SLICED	1.00 Serving (1/4 cup)	1.067
PRODUCE, BANANAS	1.00 Each (1/2 Cup)	26.951
MANDARIN ORANGES	1.00 Serving (1/2 cup drained)	17.000
PRODUCE, JICAMA STICKS	1.00 Serving (1/2 cup - #8 scoop)	5.292
PRODUCE, STRAWBERRIES	1.00 Serving (1/2 cup - #8 scoop)	5.530
BASIC CONVENIENCE, DRESSING, 1000 ISLAND	1.00 Tablespoon	1.130
HEINZ, KETCHUP, POUCH	1.00 Serving (1 tbsp)	5.000
KEN'S, DRESSING, CA FRENCH FF	1.00 Tablespoon	4.500
LIGHT RANCH DRESSING, POUCH PACK	1.00 Serving (2 tbsp)	7.000
MUSTARD POUCHES	1.00 Serving (1 tsp)	.000
USDA SALSA, LOW SODIUM	1.00 Serving (1/4 cup - #16 scoop)	4.371
VENTURA FOODS, DRESSING, MAYO TYPE	1.00 Tablespoon	3.000
VENTURA, DRESSING, ITALIAN FF	1.00 Tablespoon	1.500
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1 % LOWFAT	1.00 Each (8 fl oz)	13.000

Date : 12/19/2018

Name	Serving Size	Carb (g)
SAND HOT: BEEF MEATBALL SUB 6-12	1.00 Serving (1 sandwich)	46.508
BREADED CHICKEN TENDERS 6-12	1.00 Serving (2 strips)	10.989
CENTRAL KITCHEN: ROLL, SCRATCH	1.00 Serving (1 roll)	26.865
SAND HOT: SPICY CHICKEN 6-12	1.00 Each (1 sandwich)	38.061
SAND HOT: CHEESEBURGER K-12	1.00 Each (1 cheeseburger)	24.427
CHEESE PIZZA RIPPERS	1.00 Each (1 square)	32.000
PEPPERONI PIZZA RIPPERS	1.00 Each (1 square)	27.000
CENTRAL KITCHEN: JALAPENO CHEESE SAUCE	1.00 Serving (1/4 cup - #16 scoop)	2.577
CENTRAL KITCHEN: TACO MEAT	2.00 Serving (Scoop #30)	2.528
RICE: CILANTRO LIME	1.00 Serving (1/4 cup - #16 scoop)	14.781 !
CENTRAL KITCHEN: BEANS: REFRIED, VEG	1.00 Serving (1/2 cup - #8 scoop)	21.857
JALAPENO, SLICED, EMBASSA	2.00 Tablespoon	1.333
OLIVES, SLICED	1.00 Serving (2 Tbsp - 1/8 cup)	1.000
PICKLE CHIPS, DILL, CRINKLE CUT	1.00 Ounce	.000
PRODUCE, ONION, SLICED RED	2.00 Slice	1.681
PRODUCE, TOMATOES, GRAPE, CLAMHELL	3.00 Each	.560
TOMATO SLICED	2.00 Slice	1.167
USDA SALSA	1.00 Serving (1/8 cup - #30 scoop)	2.130
CHIPS, TORTILLA, ROUND, WG	2.00 Serving (13 chips)	40.000
SAND COLD: COMBO: HAM/TK & CHEESE 9-12	1.00 Each (1 sandwich)	36.951
SAND COLD: HAM & CHEESE 9-12	1.00 Each (1 sandwich)	37.854
SAND COLD: ROAST BEEF & CHEESE 9-12	1.00 Each (1 sandwich)	37.675
SAND COLD: TURKEY & CHEESE 9-12	1.00 Each (1 sandwich)	32.625
PRODUCE, CARROTS, MINI, SLIM	1.00 Serving (1/2 cup - #8 scoop)	6.588
SANDWICHES, PEANUT BUTTER/JELLY (GRAPE)	1.00 Each (2.8 oz)	35.000
USDA STRING CHEESE	1.00 Each (1 stick)	.000
PRODUCE, LETTUCE, SALAD MIX	0.25 Cup (shredded)	.258
CENTRAL KITCHEN: SAUCE, MARINARA, SCRATCH K-12	1.00 Serving (1/2 cup - #8 scoop)	14.275
POTATO, TATER GEMS, SIMPLOT	1.00 Serving (8 tots)	19.000
PRODUCE, DICED RED ONION	1.00 Serving (1/4 cup - #16 scoop)	3.736
PRODUCE, TOMATO GRAPE	1.00 Serving (1/4 cup; 10 tomato)	1.821
PRODUCE, PEARS FRESH	1.00 Serving (1 medium pear)	23.456
USDA PEACHES, SLICED	1.00 Serving (1/2 Cup)	14.000
USDA APRICOTS, DICED	1.00 Serving (1/2 Cup - # 8 scoop)	14.000
TROPICAL FRUIT SALAD	1.00 Serving (1/2 Cup)	24.000
BASIC CONVENIENCE, DRESSING, 1000 ISLAND	1.00 Tablespoon	1.130
HEINZ, KETCHUP, POUCH	1.00 Serving (1 tbsp)	5.000
KEN'S, DRESSING, CA FRENCH FF	1.00 Tablespoon	4.500
LIGHT RANCH DRESSING, POUCH PACK	1.00 Serving (2 tbsp)	7.000
MUSTARD POUCHES	1.00 Serving (1 tsp)	.000
USDA SALSA, LOW SODIUM	1.00 Serving (1/4 cup - #16 scoop)	4.371
VENTURA FOODS, DRESSING, MAYO TYPE	1.00 Tablespoon	3.000
VENTURA, DRESSING, ITALIAN FF	1.00 Tablespoon	1.500
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date : 12/20/2018

Name	Serving Size	Carb (g)
BOWL: CHICKEN TERIYAKI & RICE 6-12	1.00 Serving (1 bowl + egg roll)	98.557
EGG ROLL, VEGETABLE - SECONDARY	1.00 Serving	22.000
BREADED CHICKEN TENDERS 6-12	1.00 Serving (2 strips)	10.989
CENTRAL KITCHEN: ROLL, SCRATCH	1.00 Serving (1 roll)	26.865
SAND HOT: CLASSIC CHICKEN 6-12	1.00 Each (1 sandwich)	38.148
SAND HOT: CHEESEBURGER K-12	1.00 Each (1 cheeseburger)	24.427
PIZZA: CHEESE: SCRATCH 6 -12	1.00 Serving (1/8th slice)	32.500
PIZZA: PEPPERONI: SCRATCH 6-12	1.00 Serving (1/8th slice)	32.500
CENTRAL KITCHEN: JALAPENO CHEESE SAUCE	1.00 Serving (1/4 cup - #16 scoop)	2.577
CENTRAL KITCHEN: TACO MEAT	2.00 Serving (Scoop #30)	2.528
RICE: CILANTRO LIME	1.00 Serving (1/4 cup - #16 scoop)	14.781 !
CENTRAL KITCHEN: BEANS: REFRIED, VEG	1.00 Serving (1/2 cup - #8 scoop)	21.857
JALAPENO, SLICED, EMBASSA	2.00 Tablespoon	1.333
OLIVES, SLICED	1.00 Serving (2 Tbsp - 1/8 cup)	1.000
PICKLE CHIPS, DILL, CRINKLE CUT	1.00 Ounce	.000
PRODUCE, ONION, SLICED RED	2.00 Slice	1.681
PRODUCE, TOMATOES, GRAPE, CLAMSHELL	3.00 Each	.560
TOMATO SLICED	2.00 Slice	1.167
USDA SALSA	1.00 Serving (1/8 cup - #30 scoop)	2.130
CHIPS, TORTILLA, ROUND, WG	2.00 Serving (13 chips)	40.000
SAND COLD: COMBO: HAM/TK & CHEESE 9-12	1.00 Each (1 sandwich)	36.951
SAND COLD: HAM & CHEESE 9-12	1.00 Each (1 sandwich)	37.854
SAND COLD: ROAST BEEF & CHEESE 9-12	1.00 Each (1 sandwich)	37.675
SAND COLD: TURKEY & CHEESE 9-12	1.00 Each (1 sandwich)	32.625
SANDWICHES, PEANUT BUTTER/JELLY (GRAPE)	1.00 Each (2.8 oz)	35.000
USDA STRING CHEESE	1.00 Each (1 stick)	.000
PRODUCE, CARROTS, MINI, SLIM	1.00 Serving (1/2 cup - #8 scoop)	6.588
PRODUCE, CARROTS, MINI, SLIM	1.00 Serving (1/2 cup - #8 scoop)	6.588
PRODUCE, LETTUCE, SALAD MIX	0.25 Cup (shredded)	.258
PRODUCE, BROCCOLI BUDS	1.00 Serving (1/2 Cup - #8 scoop)	3.021
POTATO, TATER GEMS, SIMPLOT	1.00 Serving (8 tots)	19.000
PRODUCE, DICED RED ONION	1.00 Serving (1/4 cup - #16 scoop)	3.736
PRODUCE, TOMATO GRAPE	1.00 Serving (1/4 cup; 10 tomato)	1.821
PRODUCE, ORANGES	1.00 Serving (1 orange)	24.645
USDA APPLESAUCE	1.00 Serving (1/2 Cup - #8 scoop)	16.000
USDA MIXED FRUIT	1.00 Serving (1/2 cup)	15.000
PRODUCE, CANTALOUPE, CUBED	1.00 Serving (1/2 cup - #8 scoop)	6.528
BASIC CONVENIENCE, DRESSING, 1000 ISLAND	1.00 Tablespoon	1.130
HEINZ, KETCHUP, POUCH	1.00 Serving (1 tbsp)	5.000
KEN'S, DRESSING, CA FRENCH FF	1.00 Tablespoon	4.500
LIGHT RANCH DRESSING, POUCH PACK	1.00 Serving (2 tbsp)	7.000
MUSTARD POUCHES	1.00 Serving (1 tsp)	.000
USDA SALSA, LOW SODIUM	1.00 Serving (1/4 cup - #16 scoop)	4.371
VENTURA FOODS, DRESSING, MAYO TYPE	1.00 Tablespoon	3.000
VENTURA, DRESSING, ITALIAN FF	1.00 Tablespoon	1.500
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1 % LOWFAT	1.00 Each (8 fl oz)	13.000

Date : 12/21/2018

Name	Serving Size	Carb (g)
BAKED ZITI 6-12	1.00 Serving (2 #6 scoops)	47.425
BREADED CHICKEN TENDERS 6-12	1.00 Serving (2 strips)	10.989
CENTRAL KITCHEN: ROLL, SCRATCH	1.00 Serving (1 roll)	26.865
SAND HOT: SPICY CHICKEN 6-12	1.00 Each (1 sandwich)	38.061
SAND HOT: CHEESEBURGER K-12	1.00 Each (1 cheeseburger)	24.427
CHEESE PIZZA RIPPERS	1.00 Each (1 square)	32.000
PEPPERONI PIZZA RIPPERS	1.00 Each (1 square)	27.000
CENTRAL KITCHEN: JALAPENO CHEESE SAUCE	1.00 Serving (1/4 cup - #16 scoop)	2.577
CENTRAL KITCHEN: TACO MEAT	2.00 Serving (Scoop #30)	2.528
RICE: CILANTRO LIME	1.00 Serving (1/4 cup - #16 scoop)	14.781 !
CENTRAL KITCHEN: BEANS: REFRIED, VEG	1.00 Serving (1/2 cup - #8 scoop)	21.857
JALAPENO, SLICED, EMBASSA	2.00 Tablespoon	1.333
OLIVES, SLICED	1.00 Serving (2 Tbsp - 1/8 cup)	1.000
PICKLE CHIPS, DILL, CRINKLE CUT	1.00 Ounce	.000
PRODUCE, ONION, SLICED RED	2.00 Slice	1.681
PRODUCE, TOMATOES, GRAPE, CLAMHELL	3.00 Each	.560
TOMATO SLICED	2.00 Slice	1.167
USDA SALSA	1.00 Serving (1/8 cup - #30 scoop)	2.130
CHIPS, TORTILLA, ROUND, WG	2.00 Serving (13 chips)	40.000
SAND COLD: COMBO: HAM/TK & CHEESE 9-12	1.00 Each (1 sandwich)	36.951
SAND COLD: HAM & CHEESE 9-12	1.00 Each (1 sandwich)	37.854
SAND COLD: ROAST BEEF & CHEESE 9-12	1.00 Each (1 sandwich)	37.675
SAND COLD: TURKEY & CHEESE 9-12	1.00 Each (1 sandwich)	32.625
PRODUCE, CARROTS, MINI, SLIM	1.00 Serving (1/2 cup - #8 scoop)	6.588
PRODUCE, LETTUCE, SALAD MIX	0.25 Cup (shredded)	.258
SANDWICHES, PEANUT BUTTER/JELLY (GRAPE)	1.00 Each (2.8 oz)	35.000
USDA STRING CHEESE	1.00 Each (1 stick)	.000
POTATO, TATER GEMS, SIMPLOT	1.00 Serving (8 tots)	19.000
PRODUCE, DICED RED ONION	1.00 Serving (1/4 cup - #16 scoop)	3.736
PRODUCE, TOMATO GRAPE	1.00 Serving (1/4 cup; 10 tomato)	1.821
USDA GREEN BEANS	1.00 Serving (1/2 Cup - # 8 scoop)	4.000
PRODUCE, GRAPES, SEEDLESS, RED OR WHITE	1.00 Serving (1/2 cup - #8 scoop)	7.889
PINEAPPLE TIDBITS	1.00 Serving (1/2 cup - # 8 scoop)	22.000
USDA APPLESAUCE	1.00 Serving (1/2 Cup - #8 scoop)	16.000
PRODUCE, STRAWBERRIES	1.00 Serving (1/2 cup - #8 scoop)	5.530
BASIC CONVENIENCE, DRESSING, 1000 ISLAND	1.00 Tablespoon	1.130
HEINZ, KETCHUP, POUCH	1.00 Serving (1 tbsp)	5.000
KEN'S, DRESSING, CA FRENCH FF	1.00 Tablespoon	4.500
LIGHT RANCH DRESSING, POUCH PACK	1.00 Serving (2 tbsp)	7.000
MUSTARD POUCHES	1.00 Serving (1 tsp)	.000
USDA SALSA, LOW SODIUM	1.00 Serving (1/4 cup - #16 scoop)	4.371
VENTURA FOODS, DRESSING, MAYO TYPE	1.00 Tablespoon	3.000
VENTURA, DRESSING, ITALIAN FF	1.00 Tablespoon	1.500
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000