

Granite School District - Breakfast in the Classroom

Feb 01 thru Feb 28, 2019

Date: 02/01/2019

Name	Serving Size	Carb (g)
FRENCH TOAST STICKS, WG, 2 PACK	1.00 Package	38.000
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 02/04/2019

Name	Serving Size	Carb (g)
BAR, BREAKFAST, LEMON CHIP CRUNCH	1.00 Each (2.25 oz)	42.000
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 02/05/2019

Name	Serving Size	Carb (g)
MINI PANCAKES, MAPLE FLAVORED	1.00 Package	36.000
APPLES, SLICED	1.00 Package (2 oz)	7.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 02/06/2019

Name	Serving Size	Carb (g)
PANCAKE SAUSAGE (TURKEY), IW	1.00 Each (2.85 oz)	17.000
PRODUCE, BANANAS	1.00 Each (1/2 Cup)	26.951
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 02/07/2019

Name	Serving Size	Carb (g)
CINNAMON ROLL, WG, IW	1.00 Each	41.000
APPLES, SLICED	1.00 Package (2 oz)	7.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 02/08/2019

Name	Serving Size	Carb (g)
BREAKFAST, MINI BITES, WG, APPLE	1.00 Package (2.75 oz)	41.000
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 02/11/2019

Name	Serving Size	Carb (g)
CEREAL BARS, FRUITY CHEERIOS	1.00 Each (1.42 oz)	29.000
USDA STRING CHEESE	1.00 Each (1 stick)	.000
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 02/12/2019

Name	Serving Size	Carb (g)
SAUS, EGG, CHEESE BREAKFAST SLIDERS, IW	1.00 Each (2 Pieces)	20.000
APPLES, SLICED	1.00 Package (2 oz)	7.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 02/13/2019

Name	Serving Size	Carb (g)
MINI FRENCH TOAST, CINNAMON RUSH, IW	1.00 Package (2.64 oz)	37.079
PRODUCE, BANANAS	1.00 Each (1/2 Cup)	26.951
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 02/14/2019

Name	Serving Size	Carb (g)
SANDWICH, ENGLISH MUFFIN, WG, EGG&CHEESE, IW	1.00 Each (3.25 oz)	26.000
APPLES, SLICED	1.00 Package (2 oz)	7.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 02/19/2019

Name	Serving Size	Carb (g)
SAUS, EGG, CHEESE BREAKFAST SLIDERS, IW	1.00 Each (2 Pieces)	20.000
APPLES, SLICED	1.00 Package (2 oz)	7.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 02/20/2019

Name	Serving Size	Carb (g)
MINI FRENCH TOAST, CINNAMON RUSH, IW	1.00 Package (2.64 oz)	37.079
PRODUCE, BANANAS	1.00 Each (1/2 Cup)	26.951
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 02/21/2019

Name	Serving Size	Carb (g)
PANCAKE SAUSAGE (TURKEY), IW	1.00 Each (2.85 oz)	17.000
APPLES, SLICED	1.00 Package (2 oz)	7.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 02/22/2019

Name	Serving Size	Carb (g)
CINNAMON ROLL, WG, IW	1.00 Each	41.000
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 02/25/2019

Name	Serving Size	Carb (g)
BAR, BREAKFAST, CHERRY APPLE CRUNCH	1.00 Each (2.25 oz)	42.140
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 02/26/2019

Name	Serving Size	Carb (g)
BREAKFAST WRAP, EGG & CHEESE	1.00 Each (2.5 oz)	15.920
APPLES, SLICED	1.00 Package (2 oz)	7.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 02/27/2019

Name	Serving Size	Carb (g)
BAGELFULS, IW	1.00 Each (2.5 oz)	32.000
PRODUCE, BANANAS	1.00 Each (1/2 Cup)	26.951
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 02/28/2019

Name	Serving Size	Carb (g)
SANDWICH, ENGLISH MUFFIN, WG, EGG&CHEESE, IW	1.00 Each (3.25 oz)	26.000
APPLES, SLICED	1.00 Package (2 oz)	7.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000