

Granite School District - Dinner

Feb 01 thru Feb 28, 2019

Date: 02/01/2019

Name	Serving Size	Carb (g)
BOWL: CHICKEN TERIYAKI & RICE K-5	1.00 Serving (1 bowl)	72.526
PRODUCE, BROCCOLI BUDS	1.00 Serving (1/4 Cup - #16 scoop)	1.511
MANDARIN ORANGES	1.00 Serving (1/2 cup drained)	17.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 02/04/2019

Name	Serving Size	Carb (g)
BOWL: HAMBURGER & GRAVY K-8	1.00 Serving (1 Bowl + breadstick)	20.756
CENTRAL KITCHEN: BREADSTICK, SCRATCH	1.00 Serving (1 Breadstick)	34.918
USDA APPLESAUCE	1.00 Serving (1/2 Cup - #8 scoop)	16.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 02/05/2019

Name	Serving Size	Carb (g)
NACHOS BEEF & CHEESE	1.00 Each (chips + meat + nacho sauce)	43.840
New Veg: Pico de Gallo	1.00 Serving (1/2 Cup - #8 scoop)	5.763
PINEAPPLE TIDBITS	1.00 Serving (1/2 cup - # 8 scoop)	22.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 02/06/2019

Name	Serving Size	Carb (g)
USDA MESQUITE GLAZED CHICKEN DRUMSTICK	1.00 Each (1 piece)	4.000
POTATO: MASHED, INSTANT	1.00 Serving (1/2 Cup)	9.861
CENTRAL KITCHEN: ROLL, SCRATCH	1.00 Serving (1 roll)	26.865
PRODUCE, LETTUCE, SALAD MIX	1.00 Cup (shredded)	1.033
PRODUCE, APPLES, RED, GALA R FUJI, US EX FANCY OR	1.00 Serving (one apple)	25.134
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 02/07/2019

Name	Serving Size	Carb (g)
CENTRAL KITCHEN: DINNER: CHILI w/BEEF & BEANS K-12	1.00 Serving (1 cup - #4 scoop)	34.988
CENTRAL KITCHEN: ROLL, SCRATCH	1.00 Serving (1 roll)	26.865
PRODUCE, APPLES, RED, GALA R FUJI, US EX FANCY OR	1.00 Serving (one apple)	25.134
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 02/08/2019

Name	Serving Size	Carb (g)
TACO: SOFT BEEF K-5	1.00 Each (1 taco)	27.022
CHIPS, TORTILLA, ROUND, WG	1.00 Serving (13 chips)	20.000
INSTANT: MEXICAN STYLE REFRIED BEANS	1.00 Serving (1/2 cup)	24.000
PRODUCE, ORANGES	1.00 Serving (1 orange)	24.645
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 02/11/2019

Name	Serving Size	Carb (g)
BOWL: MEATLOAF & GRAVY K-8	1.00 Serving (1 bowl)	22.493
CENTRAL KITCHEN: BREADSTICK, SCRATCH	1.00 Serving (1 Breadstick)	34.918
PRODUCE, LETTUCE, SALAD MIX	1.00 Cup (shredded)	1.033
USDA APPLESAUCE	1.00 Serving (1/2 Cup - #8 scoop)	16.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 02/12/2019

Name	Serving Size	Carb (g)
SAND HOT: CHICKEN MALIBU 6-12	1.00 Each (1 sandwich)	44.126
POTATO: SWEET FRIES	1.00 Serving (1/2 cup)	22.275
USDA PEACHES, SLICED	1.00 Serving (1/2 Cup)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 02/13/2019

Name	Serving Size	Carb (g)
PASTA: BEEFY MACARONI	1.00 Serving (3/4 Cup - #5 scoop)	49.617
CENTRAL KITCHEN: ROLL, SCRATCH	1.00 Serving (1 roll)	26.865
USDA GREEN BEANS	1.00 Serving (1/2 Cup - # 8 scoop)	4.000
PRODUCE, APPLES, RED, GALA R FUJI, US EX FANCY OR	1.00 Serving (one apple)	25.134
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 02/14/2019

Name	Serving Size	Carb (g)
SAND HOT: GRILLED CHEESE	1.00 Serving (1 sandwich)	30.025
SOUP: TOMATO BASIL	1.00 Serving (3/4 cup)	30.309
PRODUCE, CARROTS, MINI, SLIM	1.00 Serving (1/2 cup - #8 scoop)	6.588
PRODUCE, APPLES, GRANNY SMITH OR GOLDEN DELICIOUS	1.00 Each (1 apple)	20.577
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 02/19/2019

Name	Serving Size	Carb (g)
SAND HOT: BEEF FRENCH DIP & AUJU	1.00 Each (1 sandwich)	24.673
POTATO: SWEET FRIES	1.00 Serving (1/2 cup)	22.275
USDA PEACHES, SLICED	1.00 Serving (1/2 Cup)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 02/20/2019

Name	Serving Size	Carb (g)
BAKED ZITI 6-12	1.00 Serving (2 #6 scoops)	47.425
PRODUCE, LETTUCE, SALAD MIX	1.00 Cup (shredded)	1.033
PRODUCE, APPLES, GRANNY SMITH OR GOLDEN DELICIOUS	1.00 Each (1 apple)	20.577
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 02/21/2019

Name	Serving Size	Carb (g)
CENTRAL KITCHEN: MAC & CHEESE, SCRATCH	1.00 Serving (3/4 cup - #5 scoop)	36.204
PRODUCE, LETTUCE, SALAD MIX	1.00 Cup (shredded)	1.033
USDA MIXED FRUIT	1.00 Serving (1/2 cup)	15.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 02/22/2019

Name	Serving Size	Carb (g)
BOWL: ASIAN ORNG CHICKEN & RICE K-5	1.00 Serving (1 Bowl)	63.359
PRODUCE, BROCCOLI BUDS	1.00 Serving (1/2 Cup - #8 scoop)	3.021
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 02/25/2019

Name	Serving Size	Carb (g)
BOWL: SALISBURY STEAK & GRAVY K-12	1.00 Serving (1 Bowl)	16.371
CENTRAL KITCHEN: BREADSTICK, SCRATCH	1.00 Serving (1 Breadstick)	34.918
USDA GREEN BEANS	1.00 Serving (1/2 Cup - # 8 scoop)	4.000
USDA APPLESAUCE	1.00 Serving (1/2 Cup - #8 scoop)	16.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 02/26/2019

Name	Serving Size	Carb (g)
SAND HOT: OPEN FACE TURKEY	1.00 Serving	71.051
POTATO: SWEET FRIES	1.00 Serving (1/2 cup)	22.275
USDA PEACHES, SLICED	1.00 Serving (1/2 Cup)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 02/27/2019

Name	Serving Size	Carb (g)
DINNER: PASTA: LASAGNA ROLLUP	1.00 Serving (Rollup + Sauce)	44.275
PRODUCE, LETTUCE, SALAD MIX	1.00 Cup (shredded)	1.033
PRODUCE, APPLES, GRANNY SMITH OR GOLDEN DELICIOUS	1.00 Each (1 apple)	20.577
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 02/28/2019

Name	Serving Size	Carb (g)
DINNER: CHICKEN HAWAIIAN HAYSTACK	1.00 Serving	4.377
PRODUCE, CARROTS, MINI, SLIM	1.00 Serving (1/2 cup - #8 scoop)	6.588
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000