

**January 2019 Lunch Nutrition Station Menu**

<p align="center">Winter Recess</p>	<p align="center">Winter Recess</p>	<p align="center">                     Marinara Sauce                      Cucumbers                      Tater Tot's                      Salad Blend                      Green Beans                      Onions                      Tomatoes                      Jalapenos                      Fresh Pears                      Sliced Peaches                      Apricots                      Tropical Fruit Mix                 </p>	<p align="center">                     Baby Carrots                      Broccoli                      Tater Tot's                      Salad Blend                      Onions                      Tomatoes                      Pickles                      Fresh Oranges                      Applesauce                      Mix Fruit                      Cantaloupe                 </p>	<p align="center">                     Green Beans                      Tater Tot's                      Salad Blend                      Onions                      Tomatoes                      Jalapenos                      Fresh Grapes                      Pineapple Chunks                      Applesauce                      Strawberries                 </p>
7	8	9	10	11
<p align="center">                     Cucumbers                      Broccoli                      Tater Tot's                      Salad Blend                      Onions                      Tomatoes                      Jalapenos                      Fresh Apples                      Sliced Pears                      Fresh Grapes                      Pineapple Chunks                 </p>	<p align="center">                     Baby Carrots                      BBQ Baked Beans                      Tater Tot's                      Salad Blend                      Onions                      Tomatoes                      Pickles                      Fresh Bananas                      Mandarin Oranges                      Jicama Sticks                      Strawberries                 </p>	<p align="center">                     Marinara Sauce                      Tater Tot's                      Salad Blend                      Green Beans                      Onions                      Tomatoes                      Jalapenos                      Fresh Pears                      Sliced Peaches                      Apricots                      Tropical Fruit Mix                 </p>	<p align="center">                     Baby Carrots                      Tater Tot's                      Salad Blend                      Broccoli                      Onions                      Tomatoes                      Pickles                      Fresh Oranges                      Applesauce                      Mix Fruit                      Cantaloupe                 </p>	<p align="center">                     Marinara Sauce                      Celery Sticks                      Tater Tot's                      Salad Blend                      Onions                      Tomatoes                      Jalapenos                      Fresh Grapes                      Pineapple Chunks                      Applesauce                      Strawberries                 </p>
14	15	16	17	18
<p align="center">                     BBQ Baked Beans                      Cucumbers                      Tater Tot's                      Salad Blend                      Onions                      Tomatoes                      Jalapenos                      Fresh Apples                      Sliced Pears                      Fresh Grapes                      Pineapple Chunks                 </p>	<p align="center">                     Must Offer:                      Baby Carrots                      Tater Tot's                      Salad Blend                      Onions                      Tomatoes                      Pickles                      Fresh Bananas                      Mandarin Oranges                      Jicama Sticks                      Strawberries                 </p>	<p align="center">                     Marinara Sauce                      Tater Tot's                      Salad Blend                      Green Beans                      Onions                      Tomatoes                      Jalapenos                      Fresh Pears                      Sliced Peaches                      Apricots                      Tropical Fruit Mix                 </p>	<p align="center">                     Baby Carrots                      Tater Tot's                      Salad Blend                      Edamame                      Onions                      Tomatoes                      Pickles                      Fresh Oranges                      Applesauce                      Mix Fruit                      Cantaloupe                 </p>	<p align="center">                     Green Beans                      Tater Tot's                      Salad Blend                      Onions                      Tomatoes                      Jalapenos                      Fresh Grapes                      Pineapple Chunks                      Applesauce                      Strawberries                 </p>
21	22	23	24	25
<p align="center">Dr. M. L. King, Jr. Day</p>	<p align="center">                     Baby Carrots                      Black Beans                      Tater Tot's                      Salad Blend                      Onions                      Corn                      Tomatoes                      Pickles                      Fresh Bananas                      Mandarin Oranges                      Jicama Sticks                      Strawberries                 </p>	<p align="center">                     Marinara Sauce                      Tater Tot's                      Salad Blend                      Sweet Potato Fries                      Onions                      Tomatoes                      Jalapenos                      Fresh Pears                      Sliced Peaches                      Apricots                      Tropical Fruit Mix                 </p>	<p align="center">                     Baby Carrots                      Tater Tot's                      Salad Blend                      Zucchini                      Onions                      Tomatoes                      Pickles                      Fresh Oranges                      Applesauce                      Mix Fruit                      Cantaloupe                 </p>	<p align="center">                     Broccoli                      Tater Tot's                      Salad Blend                      Zucchini                      Onions                      Tomatoes                      Jalapenos                      Fresh Grapes                      Pineapple Chunks                      Applesauce                      Strawberries                 </p>
28	29	30	31	
<p align="center">                     Diced Tomatoes                      Diced Onions                      Cucumbers                      Tater Tot's                      Salad Blend                      Onions                      Tomatoes                      Jalapenos                      Fresh Apples                      Sliced Pears                      Fresh Grapes                      Pineapple Chunks                 </p>	<p align="center">                     Baby Carrots                      Refried Beans                      Tater Tot's                      Salad Blend                      Peppers                      Onions                      Tomatoes                      Pickles                      Fresh Bananas                      Mandarin Oranges                      Jicama Sticks                      Strawberries                 </p>	<p align="center">                     Marinara Sauce                      Tater Tot's                      Salad Blend                      Onions                      Tomatoes                      Jalapenos                      Fresh Pears                      Sliced Peaches                      Apricots                      Tropical Fruit Mix                 </p>	<p align="center">                     Baby Carrots                      Broccoli                      Tater Tot's                      Salad Blend                      Onions                      Tomatoes                      Pickles                      Fresh Oranges                      Applesauce                      Mix Fruit                      Cantaloupe                 </p>	<p align="center">February</p>