

# Granite School District - Breakfast in the Classroom

Jan 02 thru Jan 31, 2018

**Date: 01/02/2019**

Name	Serving Size	Carb (g)
PANCAKE SAUSAGE (TURKEY), IW	1.00 Each (2.85 oz)	17.000
PRODUCE, BANANAS	1.00 Each (1/2 Cup)	26.951
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

**Date: 01/03/2019**

Name	Serving Size	Carb (g)
BREAKFAST WRAP, EGG & CHEESE	1.00 Each (2.5 oz)	15.920
APPLES, SLICED	1.00 Package (2 oz)	7.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

**Date: 01/04/2019**

Name	Serving Size	Carb (g)
BREAKFAST, MINI BITES, WG, APPLE	1.00 Package (2.75 oz)	41.000
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

**Date: 01/07/2019**

Name	Serving Size	Carb (g)
CEREAL BARS, FRUITY CHEERIOS	1.00 Each (1.42 oz)	29.000
USDA STRING CHEESE	1.00 Each (1 oz)	.000
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

**Date: 01/08/2019**

Name	Serving Size	Carb (g)
SAUS, EGG, CHEESE BREAKFAST SLIDERS, IW	1.00 Each (2 Pieces)	20.000
APPLES, SLICED	1.00 Package (2 oz)	7.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

**Date: 01/09/2019**

Name	Serving Size	Carb (g)
MINI FRENCH TOAST, CINNAMON RUSH, IW	1.00 Package (2.64 oz)	37.079
PRODUCE, BANANAS	1.00 Each (1/2 Cup)	26.951
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

**Date: 01/10/2019**

Name	Serving Size	Carb (g)
SANDWICH, ENGLISH MUFFIN, WG, EGG&CHEESE, IW	1.00 Each (3.25 oz)	26.000
APPLES, SLICED	1.00 Package (2 oz)	7.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

**Date: 01/11/2019**

Name	Serving Size	Carb (g)
CINNAMON BUN, WG, IW	1.00 Each (2.9 oz)	38.000
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1 % LOWFAT	1.00 Each (8 fl oz)	13.000

**Date: 01/14/2019**

Name	Serving Size	Carb (g)
CEREAL BARS, APPLE CINNAMON	1.00 Each (1.42 oz)	30.000
USDA STRING CHEESE	1.00 Each (1 oz)	.000
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1 % LOWFAT	1.00 Each (8 fl oz)	13.000

**Date: 01/15/2019**

Name	Serving Size	Carb (g)
SAUS, EGG, CHEESE BREAKFAST SLIDERS, IW	1.00 Each (2 Pieces)	20.000
APPLES, SLICED	1.00 Package (2 oz)	7.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1 % LOWFAT	1.00 Each (8 fl oz)	13.000

**Date: 01/16/2019**

Name	Serving Size	Carb (g)
MINI FRENCH TOAST, CINNAMON RUSH, IW	1.00 Package (2.64 oz)	37.079
PRODUCE, BANANAS	1.00 Each (1/2 Cup)	26.951
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1 % LOWFAT	1.00 Each (8 fl oz)	13.000

**Date: 01/17/2019**

Name	Serving Size	Carb (g)
PANCAKE SAUSAGE (TURKEY), IW	1.00 Each (2.85 oz)	17.000
APPLES, SLICED	1.00 Package (2 oz)	7.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1 % LOWFAT	1.00 Each (8 fl oz)	13.000

**Date: 01/18/2019**

Name	Serving Size	Carb (g)
CINNAMON BUN, WG, IW	1.00 Each (2.9 oz)	38.000
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1 % LOWFAT	1.00 Each (8 fl oz)	13.000

**Date: 01/22/2019**

Name	Serving Size	Carb (g)
BREAKFAST WRAP, EGG & CHEESE	1.00 Each (2.5 oz)	15.920
APPLES, SLICED	1.00 Package (2 oz)	7.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1 % LOWFAT	1.00 Each (8 fl oz)	13.000

**Date: 01/23/2019**

Name	Serving Size	Carb (g)
BAGELFULS, IW	1.00 Each (2.5 oz)	32.000
PRODUCE, BANANAS	1.00 Each (1/2 Cup)	26.951
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1 % LOWFAT	1.00 Each (8 fl oz)	13.000

**Date: 01/24/2019**

Name	Serving Size	Carb (g)
SANDWICH, ENGLISH MUFFIN, WG, EGG&CHEESE, IW	1.00 Each (3.25 oz)	26.000
APPLES, SLICED	1.00 Package (2 oz)	7.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1 % LOWFAT	1.00 Each (8 fl oz)	13.000

**Date: 01/25/2019**

Name	Serving Size	Carb (g)
BREAKFAST, MINI BITES, WG, APPLE	1.00 Package (2.75 oz)	41.000
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1 % LOWFAT	1.00 Each (8 fl oz)	13.000

**Date: 01/28/2019**

Name	Serving Size	Carb (g)
CEREAL BARS, CINN TOAST CRUNCH	1.00 Each (1.42 oz)	30.193
USDA STRING CHEESE	1.00 Each (1 oz)	.000
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1 % LOWFAT	1.00 Each (8 fl oz)	13.000

**Date: 01/29/2019**

Name	Serving Size	Carb (g)
MINI PANCAKES, MAPLE FLAVORED	1.00 Package	36.000
APPLES, SLICED	1.00 Package (2 oz)	7.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1 % LOWFAT	1.00 Each (8 fl oz)	13.000

**Date: 01/30/2019**

Name	Serving Size	Carb (g)
MINI FRENCH TOAST, CINNAMON RUSH, IW	1.00 Package (2.64 oz)	37.079
PRODUCE, BANANAS	1.00 Each (1/2 Cup)	26.951
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1 % LOWFAT	1.00 Each (8 fl oz)	13.000

**Date: 01/31/2019**

Name	Serving Size	Carb (g)
FRUDEL, CHERRY, IW	1.00 Each (2.29 oz)	36.000
APPLES, SLICED	1.00 Package (2 oz)	7.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1 % LOWFAT	1.00 Each (8 fl oz)	13.000