

Granite School District - Elementary Lunch

Jan 02 thru Jan 31, 2018

Date: 01/02/2019

Name	Serving Size	Carb (g)
CHEESE PIZZA RIPPERS	1.00 Each (1 square)	32.000
PEPPERONI PIZZA RIPPERS	1.00 Each (1 square)	27.000
CHIPS, TORTILLA, ROUND, WG	1.00 Serving (13 chips)	20.000
SANDWICHES, PEANUT BUTTER/JELLY (GRAPE)	1.00 Each (2.8 oz)	35.000
USDA CHEESE, AMERICAN, SLICED	1.00 Ounce (2 slices)	2.025
CENTRAL KITCHEN: SAUCE, MARINARA, SCRATCH K-12	1.00 Serving (1/2 cup - #8 scoop)	14.275
PRODUCE, LETTUCE, SALAD MIX	1.00 Cup (shredded)	1.033
PRODUCE, PEARS FRESH	1.00 Serving (1 medium pear)	23.456
USDA PEACHES, SLICED	1.00 Serving (1/2 Cup)	14.000
USDA APRICOTS, DICED	1.00 Serving (1/2 Cup - # 8 scoop)	14.000
TROPICAL FRUIT SALAD	1.00 Serving (1/2 Cup)	24.000
DRESSING, FRENCH, LO-CAL	1.00 Serving (2 tbsp)	8.000
DRESSING, ITALIAN, LO-CAL	1.00 Tablespoon	1.355
HEINZ, KETCHUP, POUCH	1.00 Serving (1 tbsp)	5.000
LIGHT RANCH DRESSING, POUCH PACK	1.00 Serving (2 tbsp)	7.000
MUSTARD POUCHES	1.00 Serving (1 tsp)	.000
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 01/03/2019

Name	Serving Size	Carb (g)
CENTRAL KITCHEN: ROLL, SCRATCH	1.00 Serving (1 roll)	26.865
PASTA: BOLOGNESE SAUCE K-8	1.00 Serving (Spaghetti + Sauce)	26.559
SAND HOT: HOT DOG K-8	1.00 Serving (1 Hot Dog)	23.000
CHIPS, TORTILLA, ROUND, WG	1.00 Serving (13 chips)	20.000
SANDWICHES, PEANUT BUTTER/JELLY (GRAPE)	1.00 Each (2.8 oz)	35.000
USDA CHEESE, AMERICAN, SLICED	1.00 Ounce (2 slices)	2.025
PRODUCE, CARROTS, MINI, SLIM	1.00 Serving (1/2 cup - #8 scoop)	6.588
PRODUCE, BROCCOLI BUDS	1.00 Serving (1/2 Cup - #8 scoop)	3.021
POTATO, TATER GEMS, SIMPLOT	1.00 Serving (8 tots)	19.000
PRODUCE, LETTUCE, SALAD MIX	1.00 Cup (shredded)	1.033
PRODUCE, ORANGES	1.00 Serving (1 orange)	24.645
USDA APPLESAUCE	1.00 Serving (1/2 Cup - #8 scoop)	16.000
USDA MIXED FRUIT	1.00 Serving (1/2 cup)	15.000
PRODUCE, CANTALOUPE, CUBED	1.00 Serving (1/2 cup - #8 scoop)	6.528
DRESSING, FRENCH, LO-CAL	1.00 Serving (2 tbsp)	8.000
DRESSING, ITALIAN, LO-CAL	1.00 Tablespoon	1.355
HEINZ, KETCHUP, POUCH	1.00 Serving (1 tbsp)	5.000
LIGHT RANCH DRESSING, POUCH PACK	1.00 Serving (2 tbsp)	7.000
MUSTARD POUCHES	1.00 Serving (1 tsp)	.000
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 01/04/2019

Name	Serving Size	Carb (g)
PIZZA: CHEESE BIG DADDY	1.00 Slice (1/10th - elementary)	30.481
PIZZA: PEPPERONI BIG DADDY	1.00 Slice (1/10th - elementary)	34.400
CENTRAL KITCHEN: MAC & CHEESE, SCRATCH	1.00 Serving (3/4 cup - #5 scoop)	36.204
CHIPS, TORTILLA, ROUND, WG	1.00 Serving (13 chips)	20.000
SANDWICHES, PEANUT BUTTER/JELLY (GRAPE)	1.00 Each (2.8 oz)	35.000
USDA CHEESE, AMERICAN, SLICED	1.00 Ounce (2 slices)	2.025
USDA GREEN BEANS	1.00 Serving (1/2 Cup - # 8 scoop)	4.000
PRODUCE, LETTUCE, SALAD MIX	1.00 Cup (shredded)	1.033
PRODUCE, GRAPES, SEEDLESS, RED OR WHITE	1.00 Serving (1/2 cup - #8 scoop)	7.889
PINEAPPLE TIDBITS	1.00 Serving (1/2 cup - # 8 scoop)	22.000
USDA APPLESAUCE	1.00 Serving (1/2 Cup - #8 scoop)	16.000
PRODUCE, STRAWBERRIES	1.00 Serving (1/2 cup - #8 scoop)	5.530
DRESSING, FRENCH, LO-CAL	1.00 Serving (2 tbsps)	8.000
DRESSING, ITALIAN, LO-CAL	1.00 Tablespoon	1.355
HEINZ, KETCHUP, POUCH	1.00 Serving (1 tbsps)	5.000
LIGHT RANCH DRESSING, POUCH PACK	1.00 Serving (2 tbsps)	7.000
MUSTARD POUCHES	1.00 Serving (1 tsp)	.000
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 01/07/2019

Name	Serving Size	Carb (g)
CENTRAL KITCHEN: ROLL, SCRATCH	1.00 Serving (1 roll)	26.865
CHICKEN NUGGETS K-12	1.00 Serving (5 nuggets)	15.996
SAND HOT: GRILLED CHEESE W/CHILI	1.00 Serving (sandwich + chili)	47.519
CHIPS, TORTILLA, ROUND, WG	1.00 Serving (13 chips)	20.000
SANDWICHES, PEANUT BUTTER/JELLY (GRAPE)	1.00 Each (2.8 oz)	35.000
USDA CHEESE, AMERICAN, SLICED	1.00 Ounce (2 slices)	2.025
PRODUCE, CUCUMBERS, 72-84 CT/CASE	1.00 Serving (1/2 cup - #8 scoop)	1.888
PRODUCE, BROCCOLI BUDS	1.00 Serving (1/2 Cup - #8 scoop)	3.021
PRODUCE, LETTUCE, SALAD MIX	1.00 Cup (shredded)	1.033
PRODUCE, APPLES, GRANNY SMITH OR GOLDEN DELICIOUS	1.00 Each (1 apple)	20.577
USDA PEARS, DICED	1.00 Serving (1/2 cup)	14.000
PRODUCE, GRAPES, SEEDLESS, RED OR WHITE	1.00 Serving (1/2 cup - #8 scoop)	7.889
PINEAPPLE TIDBITS	1.00 Serving (1/2 cup - # 8 scoop)	22.000
DRESSING, FRENCH, LO-CAL	1.00 Serving (2 tbsps)	8.000
DRESSING, ITALIAN, LO-CAL	1.00 Tablespoon	1.355
HEINZ, KETCHUP, POUCH	1.00 Serving (1 tbsps)	5.000
LIGHT RANCH DRESSING, POUCH PACK	1.00 Serving (2 tbsps)	7.000
MUSTARD POUCHES	1.00 Serving (1 tsp)	.000
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 01/08/2019

Name	Serving Size	Carb (g)
SAND HOT: CHEESEBURGER K-12	1.00 Each (1 cheeseburger)	24.427
SALAD ENT: TACO, BEEF K-8	1.00 Serving (1 Salad)	10.151
CHIPS, TORTILLA, ROUND, WG	1.00 Serving (13 chips)	20.000
SANDWICHES, PEANUT BUTTER/JELLY (GRAPE)	1.00 Each (2.8 oz)	35.000
USDA CHEESE, AMERICAN, SLICED	1.00 Ounce (2 slices)	2.025
PRODUCE, CARROTS, MINI, SLIM	1.00 Serving (1/2 cup - #8 scoop)	6.588
CENTRAL KITCHEN : BEANS: BBQ BAKED	1.00 Serving (1/2 Cup - #8 Scoop)	29.257
PRODUCE, LETTUCE, SALAD MIX	1.00 Cup (shredded)	1.033
PRODUCE, BANANAS	1.00 Each (1/2 Cup)	26.951
MANDARIN ORANGES	1.00 Serving (1/2 cup drained)	17.000
PRODUCE, JICAMA STICKS	1.00 Serving (1/2 cup - #8 scoop)	5.292
PRODUCE, STRAWBERRIES	1.00 Serving (1/2 cup - #8 scoop)	5.530
DRESSING, FRENCH, LO-CAL	1.00 Serving (2 tbsp)	8.000
DRESSING, ITALIAN, LO-CAL	1.00 Tablespoon	1.355
HEINZ, KETCHUP, POUCH	1.00 Serving (1 tbsp)	5.000
LIGHT RANCH DRESSING, POUCH PACK	1.00 Serving (2 tbsp)	7.000
MUSTARD POUCHES	1.00 Serving (1 tsp)	.000
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1 % LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 01/09/2019

Name	Serving Size	Carb (g)
CHEESE PIZZA RIPPERS	1.00 Each (1 square)	32.000
PEPPERONI PIZZA RIPPERS	1.00 Each (1 square)	27.000
CHIPS, TORTILLA, ROUND, WG	1.00 Serving (13 chips)	20.000
SANDWICHES, PEANUT BUTTER/JELLY (GRAPE)	1.00 Each (2.8 oz)	35.000
USDA CHEESE, AMERICAN, SLICED	1.00 Ounce (2 slices)	2.025
CENTRAL KITCHEN: SAUCE, MARINARA, SCRATCH K-12	1.00 Serving (1/2 cup - #8 scoop)	14.275
PRODUCE, LETTUCE, SALAD MIX	1.00 Cup (shredded)	1.033
PRODUCE, PEARS FRESH	1.00 Serving (1 medium pear)	23.456
USDA PEACHES, SLICED	1.00 Serving (1/2 Cup)	14.000
USDA APRICOTS, DICED	1.00 Serving (1/2 Cup - # 8 scoop)	14.000
TROPICAL FRUIT SALAD	1.00 Serving (1/2 Cup)	24.000
DRESSING, FRENCH, LO-CAL	1.00 Serving (2 tbsp)	8.000
DRESSING, ITALIAN, LO-CAL	1.00 Tablespoon	1.355
HEINZ, KETCHUP, POUCH	1.00 Serving (1 tbsp)	5.000
LIGHT RANCH DRESSING, POUCH PACK	1.00 Serving (2 tbsp)	7.000
MUSTARD POUCHES	1.00 Serving (1 tsp)	.000
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1 % LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 01/14/2019

Name	Serving Size	Carb (g)
CHICKEN CORN DOG K-12	1.00 Each	30.000
SAND HOT: BBQ RIBLET K-5	1.00 Serving (1 Sandwich)	34.000
CHIPS, TORTILLA, ROUND, WG	1.00 Serving (13 chips)	20.000
SANDWICHES, PEANUT BUTTER/JELLY (GRAPE)	1.00 Each (2.8 oz)	35.000
USDA CHEESE, AMERICAN, SLICED	1.00 Ounce (2 slices)	2.025
CENTRAL KITCHEN : BEANS: BBQ BAKED	1.00 Serving (3/4 Cup - #5 Scoop)	43.886
PRODUCE, CUCUMBERS, 72-84 CT/CASE	1.00 Serving (1/2 cup - #8 scoop)	1.888
PRODUCE, LETTUCE, SALAD MIX	1.00 Cup (shredded)	1.033
PRODUCE, APPLES, RED, GALA R FUJI, US EX FANCY OR	1.00 Serving (one apple)	25.134
USDA PEARS, DICED	1.00 Serving (1/2 cup)	14.000
PRODUCE, GRAPES, SEEDLESS, RED OR WHITE	1.00 Serving (1/2 cup - #8 scoop)	7.889
PINEAPPLE TIDBITS	1.00 Serving (1/2 cup - # 8 scoop)	22.000
DRESSING, FRENCH, LO-CAL	1.00 Serving (2 tbsp)	8.000
DRESSING, ITALIAN, LO-CAL	1.00 Tablespoon	1.355
HEINZ, KETCHUP, POUCH	1.00 Serving (1 tbsp)	5.000
LIGHT RANCH DRESSING, POUCH PACK	1.00 Serving (2 tbsp)	7.000
MUSTARD POUCHES	1.00 Serving (1 tsp)	.000
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1 % LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 01/15/2019

Name	Serving Size	Carb (g)
SAND HOT: CHICKEN SANDWICH K-8	1.00 Each (1 sandwich)	37.757
SALAD ENT: TACO, BEEF K-8	1.00 Serving (1 Salad)	10.151
CHIPS, TORTILLA, ROUND, WG	1.00 Serving (13 chips)	20.000
SANDWICHES, PEANUT BUTTER/JELLY (GRAPE)	1.00 Each (2.8 oz)	35.000
USDA CHEESE, AMERICAN, SLICED	1.00 Ounce (2 slices)	2.025
PRODUCE, CARROTS, MINI, SLIM	1.00 Serving (1/2 cup - #8 scoop)	6.588
PRODUCE, LETTUCE, SALAD MIX	1.00 Cup (shredded)	1.033
PRODUCE, BANANAS	1.00 Each (1/2 Cup)	26.951
MANDARIN ORANGES	1.00 Serving (1/2 cup drained)	17.000
PRODUCE, JICAMA STICKS	1.00 Serving (1/2 cup - #8 scoop)	5.292
PRODUCE, STRAWBERRIES	1.00 Serving (1/2 cup - #8 scoop)	5.530
DRESSING, FRENCH, LO-CAL	1.00 Serving (2 tbsp)	8.000
DRESSING, ITALIAN, LO-CAL	1.00 Tablespoon	1.355
HEINZ, KETCHUP, POUCH	1.00 Serving (1 tbsp)	5.000
LIGHT RANCH DRESSING, POUCH PACK	1.00 Serving (2 tbsp)	7.000
MUSTARD POUCHES	1.00 Serving (1 tsp)	.000
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1 % LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 01/16/2019

Name	Serving Size	Carb (g)
CHEESE PIZZA RIPPERS	1.00 Each (1 square)	32.000
PEPPERONI PIZZA RIPPERS	1.00 Each (1 square)	27.000
CHIPS, TORTILLA, ROUND, WG	1.00 Serving (13 chips)	20.000
SANDWICHES, PEANUT BUTTER/JELLY (GRAPE)	1.00 Each (2.8 oz)	35.000
USDA CHEESE, AMERICAN, SLICED	1.00 Ounce (2 slices)	2.025
CENTRAL KITCHEN: SAUCE, MARINARA, SCRATCH K-12	1.00 Serving (1/2 cup - #8 scoop)	14.275
PRODUCE, LETTUCE, SALAD MIX	1.00 Cup (shredded)	1.033
PRODUCE, PEARS FRESH	1.00 Serving (1 medium pear)	23.456
USDA PEACHES, SLICED	1.00 Serving (1/2 Cup)	14.000
USDA APRICOTS, DICED	1.00 Serving (1/2 Cup - # 8 scoop)	14.000
TROPICAL FRUIT SALAD	1.00 Serving (1/2 Cup)	24.000
DRESSING, FRENCH, LO-CAL	1.00 Serving (2 tbsp)	8.000
DRESSING, ITALIAN, LO-CAL	1.00 Tablespoon	1.355
HEINZ, KETCHUP, POUCH	1.00 Serving (1 tbsp)	5.000
LIGHT RANCH DRESSING, POUCH PACK	1.00 Serving (2 tbsp)	7.000
MUSTARD POUCHES	1.00 Serving (1 tsp)	.000
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1 % LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 01/17/2019

Name	Serving Size	Carb (g)
BOWL: ASIAN ORNG CHICKEN & RICE K-5	1.00 Serving (1 Bowl)	76.018
SAND HOT: HOT DOG K-8	1.00 Serving (1 Hot Dog)	23.000
CHIPS, TORTILLA, ROUND, WG	1.00 Serving (13 chips)	20.000
SANDWICHES, PEANUT BUTTER/JELLY (GRAPE)	1.00 Each (2.8 oz)	35.000
USDA CHEESE, AMERICAN, SLICED	1.00 Ounce (2 slices)	2.025
PRODUCE, BROCCOLI BUDS	1.00 Serving (1/2 Cup - #8 scoop)	3.021
PRODUCE, CARROTS, MINI, SLIM	1.00 Serving (1/2 cup - #8 scoop)	6.588
POTATO, TATER GEMS, SIMPLOT	1.00 Serving (8 tots)	19.000
PRODUCE, LETTUCE, SALAD MIX	1.00 Cup (shredded)	1.033
PRODUCE, ORANGES	1.00 Serving (1 orange)	24.645
USDA APPLESAUCE	1.00 Serving (1/2 Cup - #8 scoop)	16.000
USDA MIXED FRUIT	1.00 Serving (1/2 cup)	15.000
PRODUCE, CANTALOUPE, CUBED	1.00 Serving (1/2 cup - #8 scoop)	6.528
DRESSING, FRENCH, LO-CAL	1.00 Serving (2 tbsp)	8.000
DRESSING, ITALIAN, LO-CAL	1.00 Tablespoon	1.355
HEINZ, KETCHUP, POUCH	1.00 Serving (1 tbsp)	5.000
LIGHT RANCH DRESSING, POUCH PACK	1.00 Serving (2 tbsp)	7.000
MUSTARD POUCHES	1.00 Serving (1 tsp)	.000
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1 % LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 01/18/2019

Name	Serving Size	Carb (g)
PIZZA: CHEESE BIG DADDY	1.00 Slice (1/10th - elementary)	30.481
PIZZA: PEPPERONI BIG DADDY	1.00 Slice (1/10th - elementary)	34.400
CENTRAL KITCHEN: MAC & CHEESE, SCRATCH	1.00 Serving (3/4 cup - #5 scoop)	36.204
CHIPS, TORTILLA, ROUND, WG	1.00 Serving (13 chips)	20.000
SANDWICHES, PEANUT BUTTER/JELLY (GRAPE)	1.00 Each (2.8 oz)	35.000
USDA CHEESE, AMERICAN, SLICED	1.00 Ounce (2 slices)	2.025
USDA GREEN BEANS	1.00 Serving (1/2 Cup - # 8 scoop)	4.000
PRODUCE, LETTUCE, SALAD MIX	1.00 Cup (shredded)	1.033
PRODUCE, GRAPES, SEEDLESS, RED OR WHITE	1.00 Serving (1/2 cup - #8 scoop)	7.889
PINEAPPLE TIDBITS	1.00 Serving (1/2 cup - # 8 scoop)	22.000
USDA APPLESAUCE	1.00 Serving (1/2 Cup - #8 scoop)	16.000
PRODUCE, STRAWBERRIES	1.00 Serving (1/2 cup - #8 scoop)	5.530
DRESSING, FRENCH, LO-CAL	1.00 Serving (2 tbsps)	8.000
DRESSING, ITALIAN, LO-CAL	1.00 Tablespoon	1.355
HEINZ, KETCHUP, POUCH	1.00 Serving (1 tbsps)	5.000
LIGHT RANCH DRESSING, POUCH PACK	1.00 Serving (2 tbsps)	7.000
MUSTARD POUCHES	1.00 Serving (1 tsp)	.000
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 01/22/2019

Name	Serving Size	Carb (g)
SAND HOT: CHEESEBURGER K-12	1.00 Each (1 cheeseburger)	24.427
SALAD ENT: TACO, BEEF K-8	1.00 Serving (1 Salad)	10.151
CHIPS, TORTILLA, ROUND, WG	1.00 Serving (13 chips)	20.000
SANDWICHES, PEANUT BUTTER/JELLY (GRAPE)	1.00 Each (2.8 oz)	35.000
USDA CHEESE, AMERICAN, SLICED	1.00 Ounce (2 slices)	2.025
PRODUCE, CARROTS, MINI, SLIM	1.00 Serving (1/2 cup - #8 scoop)	6.588
PRODUCE, LETTUCE, SALAD MIX	1.00 Cup (shredded)	1.033
PRODUCE, BANANAS	1.00 Each (1/2 Cup)	26.951
MANDARIN ORANGES	1.00 Serving (1/2 cup drained)	17.000
PRODUCE, JICAMA STICKS	1.00 Serving (1/2 cup - #8 scoop)	5.292
PRODUCE, STRAWBERRIES	1.00 Serving (1/2 cup - #8 scoop)	5.530
DRESSING, FRENCH, LO-CAL	1.00 Serving (2 tbsps)	8.000
DRESSING, ITALIAN, LO-CAL	1.00 Tablespoon	1.355
HEINZ, KETCHUP, POUCH	1.00 Serving (1 tbsps)	5.000
LIGHT RANCH DRESSING, POUCH PACK	1.00 Serving (2 tbsps)	7.000
MUSTARD POUCHES	1.00 Serving (1 tsp)	.000
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 01/23/2019

Name	Serving Size	Carb (g)
CHEESE PIZZA RIPPERS	1.00 Each (1 square)	32.000
PEPPERONI PIZZA RIPPERS	1.00 Each (1 square)	27.000
CHIPS, TORTILLA, ROUND, WG	1.00 Serving (13 chips)	20.000
SANDWICHES, PEANUT BUTTER/JELLY (GRAPE)	1.00 Each (2.8 oz)	35.000
USDA CHEESE, AMERICAN, SLICED	1.00 Ounce (2 slices)	2.025
CENTRAL KITCHEN: SAUCE, MARINARA, SCRATCH K-12	1.00 Serving (1/2 cup - #8 scoop)	14.275
CORN, FROZEN (20#)	1.00 Serving (1/2 cup - #8 scoop)	13.557
PRODUCE, LETTUCE, SALAD MIX	1.00 Cup (shredded)	1.033
PRODUCE, PEARS FRESH	1.00 Serving (1 medium pear)	23.456
USDA PEACHES, SLICED	1.00 Serving (1/2 Cup)	14.000
USDA APRICOTS, DICED	1.00 Serving (1/2 Cup - # 8 scoop)	14.000
TROPICAL FRUIT SALAD	1.00 Serving (1/2 Cup)	24.000
DRESSING, FRENCH, LO-CAL	1.00 Serving (2 tbsp)	8.000
DRESSING, ITALIAN, LO-CAL	1.00 Tablespoon	1.355
HEINZ, KETCHUP, POUCH	1.00 Serving (1 tbsp)	5.000
LIGHT RANCH DRESSING, POUCH PACK	1.00 Serving (2 tbsp)	7.000
MUSTARD POUCHES	1.00 Serving (1 tsp)	.000
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1 % LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 01/24/2019

Name	Serving Size	Carb (g)
PASTA: CHICKEN ALFREDO K-12	1.00 Serving (2 #6 scoops)	50.120
BURRITO: BEAN & CHEESE K-8	1.00 Serving (1 burrito)	40.950
CHIPS, TORTILLA, ROUND, WG	1.00 Serving (13 chips)	20.000
SANDWICHES, PEANUT BUTTER/JELLY (GRAPE)	1.00 Each (2.8 oz)	35.000
USDA CHEESE, AMERICAN, SLICED	1.00 Ounce (2 slices)	2.025
PRODUCE, CARROTS, MINI, SLIM	1.00 Serving (1/2 cup - #8 scoop)	6.588
INSTANT: MEXICAN STYLE REFRIED BEANS	1.00 Serving (1/2 cup)	24.000
PRODUCE, LETTUCE, SALAD MIX	1.00 Cup (shredded)	1.033
PRODUCE, ORANGES	1.00 Serving (1 orange)	24.645
USDA APPLESAUCE	1.00 Serving (1/2 Cup - #8 scoop)	16.000
USDA MIXED FRUIT	1.00 Serving (1/2 cup)	15.000
PRODUCE, CANTALOUPE, CUBED	1.00 Serving (1/2 cup - #8 scoop)	6.528
DRESSING, FRENCH, LO-CAL	1.00 Serving (2 tbsp)	8.000
DRESSING, ITALIAN, LO-CAL	1.00 Tablespoon	1.355
HEINZ, KETCHUP, POUCH	1.00 Serving (1 tbsp)	5.000
LIGHT RANCH DRESSING, POUCH PACK	1.00 Serving (2 tbsp)	7.000
MUSTARD POUCHES	1.00 Serving (1 tsp)	.000
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1 % LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 01/25/2019

Name	Serving Size	Carb (g)
PIZZA: CHEESE BIG DADDY	1.00 Slice (1/10th - elementary)	30.481
PIZZA: PEPPERONI BIG DADDY	1.00 Slice (1/10th - elementary)	34.400
CHIPS, TORTILLA, ROUND, WG	1.00 Serving (13 chips)	20.000
SANDWICHES, PEANUT BUTTER/JELLY (GRAPE)	1.00 Each (2.8 oz)	35.000
USDA CHEESE, AMERICAN, SLICED	1.00 Ounce (2 slices)	2.025
POTATO, TATER GEMS, SIMPLOT	1.00 Serving (8 tots)	19.000
PRODUCE, BROCCOLI BUDS	1.00 Serving (1/2 Cup - #8 scoop)	3.021
PRODUCE, LETTUCE, SALAD MIX	1.00 Cup (shredded)	1.033
PRODUCE, GRAPES, SEEDLESS, RED OR WHITE	1.00 Serving (1/2 cup - #8 scoop)	7.889
PINEAPPLE TIDBITS	1.00 Serving (1/2 cup - # 8 scoop)	22.000
USDA APPLESAUCE	1.00 Serving (1/2 Cup - #8 scoop)	16.000
PRODUCE, STRAWBERRIES	1.00 Serving (1/2 cup - #8 scoop)	5.530
DRESSING, FRENCH, LO-CAL	1.00 Serving (2 tbsp)	8.000
DRESSING, ITALIAN, LO-CAL	1.00 Tablespoon	1.355
HEINZ, KETCHUP, POUCH	1.00 Serving (1 tbsp)	5.000
LIGHT RANCH DRESSING, POUCH PACK	1.00 Serving (2 tbsp)	7.000
MUSTARD POUCHES	1.00 Serving (1 tsp)	.000
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 01/28/2019

Name	Serving Size	Carb (g)
NACHOS BEEF & CHEESE	1.00 Each (chips + meat + nacho sauce)	43.840
ALASKA TACO K-8	1.00 Each (1 taco)	40.023
CHIPS, TORTILLA, ROUND, WG	1.00 Serving (13 chips)	20.000
SANDWICHES, PEANUT BUTTER/JELLY (GRAPE)	1.00 Each (2.8 oz)	35.000
USDA CHEESE, AMERICAN, SLICED	1.00 Ounce (2 slices)	2.025
PRODUCE, TOMATOES, GRAPE, CLAMHELL	1.00 Serving (1/4 cup; 10 tomato)	1.821
PRODUCE, DICED RED ONION	1.00 Serving (1/4 cup - #16 scoop)	3.736
INSTANT: MEXICAN STYLE REFRIED BEANS	1.00 Serving (1/2 cup)	24.000
PRODUCE, LETTUCE, SALAD MIX	1.00 Cup (shredded)	1.033
PRODUCE, APPLES, GRANNY SMITH OR GOLDEN DELICIOUS	1.00 Each (1 apple)	20.577
USDA PEARS, DICED	1.00 Serving (1/2 cup)	14.000
PRODUCE, GRAPES, SEEDLESS, RED OR WHITE	1.00 Serving (1/2 cup - #8 scoop)	7.889
PINEAPPLE TIDBITS	1.00 Serving (1/2 cup - # 8 scoop)	22.000
DRESSING, FRENCH, LO-CAL	1.00 Serving (2 tbsp)	8.000
DRESSING, ITALIAN, LO-CAL	1.00 Tablespoon	1.355
HEINZ, KETCHUP, POUCH	1.00 Serving (1 tbsp)	5.000
LIGHT RANCH DRESSING, POUCH PACK	1.00 Serving (2 tbsp)	7.000
MUSTARD POUCHES	1.00 Serving (1 tsp)	.000
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 01/29/2019

Name	Serving Size	Carb (g)
CENTRAL KITCHEN: ROLL, SCRATCH	1.00 Serving (1 roll)	26.865
CHICKEN NUGGETS K-12	1.00 Serving (5 nuggets)	15.996
SALAD ENT: TACO, BEEF K-8	1.00 Serving (1 Salad)	10.151
CHIPS, TORTILLA, ROUND, WG	1.00 Serving (13 chips)	20.000
SANDWICHES, PEANUT BUTTER/JELLY (GRAPE)	1.00 Each (2.8 oz)	35.000
USDA CHEESE, AMERICAN, SLICED	1.00 Ounce (2 slices)	2.025
PRODUCE, CARROTS, MINI, SLIM	1.00 Serving (1/2 cup - #8 scoop)	6.588
PRODUCE, CUCUMBERS, 72-84 CT/CASE	1.00 Serving (1/2 cup - #8 scoop)	1.888
PRODUCE, LETTUCE, SALAD MIX	1.00 Cup (shredded)	1.033
PRODUCE, BANANAS	1.00 Each (1/2 Cup)	26.951
MANDARIN ORANGES	1.00 Serving (1/2 cup drained)	17.000
PRODUCE, JICAMA STICKS	1.00 Serving (1/2 cup - #8 scoop)	5.292
PRODUCE, STRAWBERRIES	1.00 Serving (1/2 cup - #8 scoop)	5.530
DRESSING, FRENCH, LO-CAL	1.00 Serving (2 tbsp)	8.000
DRESSING, ITALIAN, LO-CAL	1.00 Tablespoon	1.355
HEINZ, KETCHUP, POUCH	1.00 Serving (1 tbsp)	5.000
LIGHT RANCH DRESSING, POUCH PACK	1.00 Serving (2 tbsp)	7.000
MUSTARD POUCHES	1.00 Serving (1 tsp)	.000
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 01/30/2019

Name	Serving Size	Carb (g)
CHEESE PIZZA RIPPERS	1.00 Each (1 square)	32.000
PEPPERONI PIZZA RIPPERS	1.00 Each (1 square)	27.000
CHIPS, TORTILLA, ROUND, WG	1.00 Serving (13 chips)	20.000
SANDWICHES, PEANUT BUTTER/JELLY (GRAPE)	1.00 Each (2.8 oz)	35.000
USDA CHEESE, AMERICAN, SLICED	1.00 Ounce (2 slices)	2.025
CENTRAL KITCHEN: SAUCE, MARINARA, SCRATCH K-12	1.00 Serving (1/2 cup - #8 scoop)	14.275
PRODUCE, LETTUCE, SALAD MIX	1.00 Cup (shredded)	1.033
PRODUCE, PEARS FRESH	1.00 Serving (1 medium pear)	23.456
USDA PEACHES, SLICED	1.00 Serving (1/2 Cup)	14.000
USDA APRICOTS, DICED	1.00 Serving (1/2 Cup - # 8 scoop)	14.000
TROPICAL FRUIT SALAD	1.00 Serving (1/2 Cup)	24.000
DRESSING, FRENCH, LO-CAL	1.00 Serving (2 tbsp)	8.000
DRESSING, ITALIAN, LO-CAL	1.00 Tablespoon	1.355
HEINZ, KETCHUP, POUCH	1.00 Serving (1 tbsp)	5.000
LIGHT RANCH DRESSING, POUCH PACK	1.00 Serving (2 tbsp)	7.000
MUSTARD POUCHES	1.00 Serving (1 tsp)	.000
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1% LOWFAT	1.00 Each (8 fl oz)	13.000

Date: 01/31/2019

Name	Serving Size	Carb (g)
BOWL: CHICKEN TERIYAKI & RICE K-5	1.00 Serving (1 bowl)	93.209
SAND HOT: CHEESEBURGER K-12	1.00 Each (1 cheeseburger)	24.427
CHIPS, TORTILLA, ROUND, WG	1.00 Serving (13 chips)	20.000
SANDWICHES, PEANUT BUTTER/JELLY (GRAPE)	1.00 Each (2.8 oz)	35.000
USDA CHEESE, AMERICAN, SLICED	1.00 Ounce (2 slices)	2.025
PRODUCE, CARROTS, MINI, SLIM	1.00 Serving (1/2 cup - #8 scoop)	6.588
POTATO, TATER GEMS, SIMPLOT	1.00 Serving (8 tots)	19.000
PRODUCE, LETTUCE, SALAD MIX	1.00 Cup (shredded)	1.033
PRODUCE, ORANGES	1.00 Serving (1 orange)	24.645
USDA APPLESAUCE	1.00 Serving (1/2 Cup - #8 scoop)	16.000
USDA MIXED FRUIT	1.00 Serving (1/2 cup)	15.000
PRODUCE, CANTALOUPE, CUBED	1.00 Serving (1/2 cup - #8 scoop)	6.528
DRESSING, FRENCH, LO-CAL	1.00 Serving (2 tbsp)	8.000
DRESSING, ITALIAN, LO-CAL	1.00 Tablespoon	1.355
HEINZ, KETCHUP, POUCH	1.00 Serving (1 tbsp)	5.000
LIGHT RANCH DRESSING, POUCH PACK	1.00 Serving (2 tbsp)	7.000
MUSTARD POUCHES	1.00 Serving (1 tsp)	.000
JUICE	1.00 Each (4.23 oz)	14.000
MILK, CHOCOLATE, FAT FREE	1.00 Each (8 fl oz)	20.000
MILK, WHITE, 1 % LOWFAT	1.00 Each (8 fl oz)	13.000