March 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 • Mini Apple Bites *(41g Carbs)* • Assorted Fruit Juice *(14g Carbs)* • Fat Free Chocolate Milk *(20g Carbs)* • 1% White Milk *(13g Carbs)*
4 • Cinnamon Toast Crunch Cereal Bar *(30g Carbs)* • String Cheese *(0g Carbs)* • Assorted Fruit Juice *(14g Carbs)* • Fat Free Chocolate Milk *(20g Carbs)* • 1% White Milk *(13g Carbs)*	**5** • Maple Mini Pancakes *(36g Carbs)* • Sliced Apples *(7g Carbs)* • Fat Free Chocolate Milk *(20g Carbs)* • 1% White Milk *(13g Carbs)*	**6** • French Toast Sticks *(38g Carbs)* • Bananas *(27g Carbs)* • Fat Free Chocolate Milk *(20g Carbs)* • 1% White Milk *(13g Carbs)*	**7** • Cherry Frudel *(36g Carbs)* • Sliced Apples *(7g Carbs)* • Fat Free Chocolate Milk *(20g Carbs)* • 1% White Milk *(13g Carbs)*	**8** • Cinnamon Roll *(41g Carbs)* • Assorted Fruit Juice *(14g Carbs)* • Fat Free Chocolate Milk *(20g Carbs)* • 1% White Milk *(13g Carbs)*
11 • Assorted Fruit Juice *(14g Carbs)* • Fat Free Chocolate Milk *(20g Carbs)* • 1% White Milk *(13g Carbs)*	**12** • Maple Madness Mini Waffles *(37g Carbs)* • Sliced Apples *(7g Carbs)* • Fat Free Chocolate Milk *(20g Carbs)* • 1% White Milk *(13g Carbs)*	**13** • Pancake on a Stick *(17g Carbs)* • Bananas *(27g Carbs)* • Fat Free Chocolate Milk *(20g Carbs)* • 1% White Milk *(13g Carbs)*	**14** • Egg & Cheese Breakfast Wrap *(16g Carbs)* • Sliced Apples *(7g Carbs)* • Fat Free Chocolate Milk *(20g Carbs)* • 1% White Milk *(13g Carbs)*	**15** • Mini Apple Bites *(41g Carbs)* • Assorted Fruit Juice *(14g Carbs)* • Fat Free Chocolate Milk *(20g Carbs)* • 1% White Milk *(13g Carbs)*
18 • Fruity Cheerios Cereal Bar *(29g Carbs)* • String Cheese *(0g Carbs)* • Assorted Fruit Juice *(14g Carbs)* • Fat Free Chocolate Milk *(20g Carbs)* • 1% White Milk *(13g Carbs)*	**19** • Breakfast Sliders *(20g Carbs)* • Sliced Apples *(7g Carbs)* • Fat Free Chocolate Milk *(20g Carbs)* • 1% White Milk *(13g Carbs)*	**20** • French Toast Sticks *(38g Carbs)* • Bananas *(27g Carbs)* • Fat Free Chocolate Milk *(20g Carbs)* • 1% White Milk *(13g Carbs)*	**21** • Egg & Cheese English Muffin *(26g Carbs)* • Sliced Apples *(7g Carbs)* • Fat Free Chocolate Milk *(20g Carbs)* • 1% White Milk *(13g Carbs)*	**22**
25	**26**	**27** • French Toast Crunch Breakfast Bar *(42g Carbs)* • Bananas *(27g Carbs)* • Fat Free Chocolate Milk *(20g Carbs)* • 1% White Milk *(13g Carbs)*	**28** • Pancake on a Stick *(17g Carbs)* • Sliced Apples *(7g Carbs)* • Fat Free Chocolate Milk *(20g Carbs)* • 1% White Milk *(13g Carbs)*	**29** • Cinnamon Roll *(41g Carbs)* • Assorted Fruit Juice *(14g Carbs)* • Fat Free Chocolate Milk *(20g Carbs)* • 1% White Milk *(13g Carbs)*

Assorted Milk: 1% White Milk *(13g Carbs)*, Fat Free Chocolate Milk *(20g Carbs)*

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